



### President's Message

For me to hear Bill Lay speak at our May meeting was like a breath of fresh mountain air. A "true blue Australian bushman" who entertained us with his recollections of many years working with the Search and Rescue organisation. How good it would be to sit by a camp fire with him and his mates and hear their stories.

On Friday May 30, I attended the Combined Meeting of all Probud Clubs within the Municipality of Manningham. Judy Baker, Margaret McGregor and Doug Hayne accompanied me. Not all twenty clubs were in attendance however there was a good representation of clubs.

A representative from each club was given the opportunity to give a summary of club activities over the past six months. We were able to gather some ideas for future outings and speakers. Without a doubt we are one of the more active clubs in Manningham.

A few of the older clubs are low in numbers and are having difficulty in attracting new members. With the natural attrition that occurs with ageing their clubs survival is in jeopardy.

This is a matter we too must keep in mind as we are not exempt from this same problem in the future. A thought that comes to my mind is for all of us to promote outside interest in our club. Ask friends and neighbours to our meetings and activities particularly those who are now in their fifties as they are our future members. A guest can attend up to three club meetings a year and, and at your invitation, any number of activities and outings. Please, give this matter some consideration. Our current waiting list of 10 is full but that should not discourage us from promoting the club. It would be great to have prospective members in mind when a vacancy happens.

### **Guests and Apologies for our Meeting on Monday 16 June.**

At our last meeting I asked you all to consider inviting a guest or guests to our next meeting to hear Dr Peter Hollingworth's presentation. As Lorraine Cooper will be away in Central Australia please phone me on 9850 7881 to advise your guest(s) attendance and /or your apology.

If you have guest(s) accompanying you please have them attend with you by 9.45am for the commencement of the meeting. Do register their attendance with either Jenny Morcom or Bob Anderson as it is important to have a full list of those present for safety and insurance purposes.

*Ian Gault*

### **Secretary's Report (Judy Baker)**

#### **Activities Approved at our Committee Meeting 12 May, 2008**

Fitzroy Walk – Kenneth Park	17 July'08
Port Melbourne Walk – Kenneth Park	14 Aug'08
All Walks for the Walking Group	June'08 to June'09

#### **June Meeting**

Our next meeting is on Monday, 16 June, 2008 at the "Ajani Centre", Thompsons Road, Lower Templestowe, opposite Sunhill Road, Melway 32K7. Enter the hall from the front entrance. The hall will open at 9.00am for activity bookings. The meeting will commence at 9.45am. Please remember to wear your name tag.

### **Constitution Changes**

We will need to run a vote at the July meeting on some minor changes Probud South Pacific have implemented in the standard Probud constitution.

The changes are:

1. Membership 3(a) - Takes out the words "have held positions of responsibility" in the criteria for membership.
2. Management 4(b) - Clarifies the option for extension of The President's term to 2 years by making it "two consecutive years"

3. Election of Officers 5(a) - Changes wording from "Members Elected.." to "Newly elected officers shall take office on April 1st each year."

There will be copies of the original document available at the June meeting which provides more detail.

We need someone who is eligible to witness and sign statutory declarations to be available to witness and sign the documentation for this change for the Consumer Affairs Dept. If you are eligible and can be available at the July 14<sup>th</sup> meeting please let a committee member know  
*Judy*

### **Fellowship Lunch (Lyn McBain & Laurine Eames).**

Lunch this month will be at Doncaster Inn, 855 Doncaster Road, Doncaster, Mel. 47H1

**July Luncheon** will be at The Manningham Club cnr Thompsons and Bulleen Rds. Mel 32E10

### **Speakers (Marg McGregor)**

#### **June – Dr. Peter Hollingworth**

Prominent and well known tireless worker for the poor and disadvantaged, Brotherhood of St Laurence, Archbishop of Brisbane, Australian of the Year and Governor General of the Commonwealth of Australia speaking on "Reflections of Office: Members are especially invited to bring guests who will be most welcome at this special meeting. Please ring or leave a message with The President, Ian (98507881) with names of guests for seating purposes.

The vote of Thanks for Dr Hollingworth will be presented by our President

#### **July – Dr. Richard Shiell**

Memoirs of Australia's first Hair Transplant Surgeon and Accomplished Musician on "Hair Today – Gone Tomorrow" (the funny side)

#### **August – Shane Green**

National News Editor for the Age – more than 30 years experience in the industry with many tales to tell.

**MCG National Sports Museum Visit**

Twenty Five Members and friends arrived at Gate 3 of the MCG to have a coffee and make their way to the recently opened National Sports Museum. We were provided with state of the art "I-pods" to provide us with commentary that we could choose by selecting the appropriate number as we wandered around on our self paced tour of this wonderful facility.

All the sports one could think of were represented and of course AFL, and cricket along with Olympic memorabilia were dominant. It is probable that a tear came to Pat McInerneys eye as she listened to the story of the demise of her beloved Fitzroy Football Club for which her father Percy Mitchell was an official for many years. There was a special display of the 1944 Fitzroy Premiership cup and a photo of the players and officials, and, lo and behold there was Percy third from the left back row.

There is a special area for the MCG which features an animated movie of the growth of "The G" from a bare paddock to the grand structure of today. Fascinating to learn that at one time there was a reversable stand at the MCG.

For those who attended here are some trivia questions:  
Answers on Page 7

- What distinction does Peter Arrahmunyarrimun have in Australian National Cricket?
- Who wore cap no 124 in Australian test cricket?
- In the Melbourne 1956 Olympics display, what was odd about the badge celebrating athlete Kevan Gosper? (Later to be olympic chairman)
- What is the oldest standing structure that is visible on the MCG?

**CUB Brewery Tour – Thu 10<sup>th</sup> July \$20.00 Car Pool**

Meet at the hall at 9.30am for car pool. You must wear closed and sensible footwear. See Helen about optional lunch in Victoria St at your own expense. Must pay at June meeting

**Barbecue at Birrarung**

Thirty two members and friends attended the noon BBQ in May and weather was kind, a good time had by all.  
Next BBQ Sunday June 29th 12 Noon

**Christmas in July on 1<sup>st</sup> August \$46.00**

Burrumbeet Hotel Ballarat. Includes bus, morning tea and lunch.  
Book at June meeting.

**Tramboat Friday 19<sup>th</sup> September 3 ½ hour cruise \$33.00**

Morning tea and lunch at The Anglers Arms Hotel on the Maribyrnong River included. - Book at the June meeting.

**Walking Group**

We walk every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday. Everyone welcome.

**June 11th Melbourne City Eye Walk 9.30am.**

Great adventure for walkers. Wear layered clothing and sturdy shoes. Meet at Jolimont station at 9.30.am. with back pack & lunch. Coffee at Docklands. Train leaves Montmorency station at 8.38.a.m arrives Heidelberg 8.55.a.m bus / tram passengers please check timetables to arrive by 9.30.am.  
Leaders James and Margaret Campbell. - Mobile 0412767684 .

**June 25<sup>th</sup> Fairfield Boathouse Walk**

9.30am meet at Eglemont Tennis Club Mel. 31 K11  
Bring backpack and morning tea  
Leaders – James & Margaret Campbell

*Judy & Helga*

Judy and Helga are handing over the mantle to Terry Cummins and myself to be the coordinators for the fitness walking group as from July this year. On behalf of all walkers we would like to take this opportunity to thank Judy and Helga for their excellent efforts in coordinating the

walks over the past two years. We hope that we will be able to adequately fill their shoes.

The walks for July will be

**July 9<sup>th</sup> & July 23<sup>rd</sup> at 9.30am Bushy Creek Walk**

Meet at Box Hill miniature railway car park Belmore Rd, off Elgar Rd, Box Hill (Sturdy shoes required ) Mel. 47 C4

Morning Tea: **BYO Leader: Jennifer Eaton**

*Wayne Eames and Terry Cummins*

**Craft Group (Yvonne Boyall June Duncan)**

**Last Month (Helen Armstrong)**

**Wow!!!** What a great day we had. Fifteen people in the production team working at 100 miles an hour cutting, overlocking, sewing, stuffing and hand sewing with a brief stop for morning tea. Craft??? Until you have been part of the fun and laughter and chatter you don't realise just what does go on: and the end result? Seventy Five pillows and oncology drainage bags which is a great result with great fellowship. Many thanks to all those who were there. Next meeting on June 17<sup>th</sup> at Helen's place 4/2 Paul St Doncaster to do whatever you please even if just a cuppa and chat. Helen

We are organising "A brunch for breast cancer" on Tuesday 9<sup>th</sup> September 2008 at 10am to 12 Noon. Donation \$10.00

*June /Yvonne*

**Garden Group (Fave Williams)**

Eight members took a short walk to The Acorn Nursery on Monday 5th May where we enjoyed the colourful floral displays and the delicious food. The next outing will be to Garden World in Springvale on Monday 7th July, as I was unable to contact The Edible Garden, sorry to disappoint. If you would like to join us for Garden World, please add your name to the list and be at Ted Ajani Car Park for a car pool by 10.30am.

**November Outing**

It has been brought to my attention that our November meeting will clash with the Bright Getaway. As many of our group will be going to Bright, it was decided we change the date of the Garden Group to Monday 17th November, when we will visit Linton's at MtEliza for our End of Year Luncheon.

**Canberra Floriade 22<sup>nd</sup> September**

The Garden Group has been invited to join the Probus Group of Maling for a 5 day trip to Floriade and Canberra, from Monday, 22nd September returning, Friday 26th. The cost is now \$625 twin share. There are ten names on my list for this trip, please confirm your interest if you intend to come, as a \$50 deposit is required.

*Faye Williams.*

**Genealogy Group (Ray Lawley)**

On Wednesday 14<sup>th</sup> May eleven members attended an informative, instructive & inspiring talk provided by John & Val Reid on how they produced a book on the family tree of their families. John & Val had some fascinating memorabilia & photographs that they used to enhance this remarkable book. There was much discussion, lots of questions & animated chatter that followed. Thank you John & Val for the offer of this evening & for holding it in your home.

June Genealogy Meeting will be held on Tuesday 17<sup>th</sup> June owing to our Fellowship Meeting falling on the 3<sup>rd</sup> Monday of the month. It will be held at the State Library Swanston St Melbourne 10-00 – 12-00.

The May meeting was attended by 5 members where the Librarian gave an instructive lecture on the use of the Ancestry program.

*Ray*

**Exhibitions (Wendy Fishley)**

**Fitzroy with a Twist – Walk With Kenneth Park**

Thursday 17 July. Meet outside St Vincent’s Private Hospital, Victoria Parade at 9.45 am. Cost \$20  
Pay at June meeting. Four places left.

**Port Melbourne Walk Thursday 14<sup>th</sup> August**

Meeting place TBA. Cost \$20. Pay at August meeting or before 10 July as Wendy will be away for July meeting. The list is now full.

Wendy

**Theatre (Ellen Boyd & Joan Planck)**

A group of 10 Probus faithfuls braved the cold to enjoy the wonderful production of King & I. We all marveled at the quality of local productions. A great night was had by all.

All members attending Guys & Dolls should have received their tickets, looking forward to another fantastic production. “

**The Princess Theatre 1.00pm Wednesday 9 July.....** Guys & Dolls, a musical with a wonderful cast of great entertainers. Thirty places are all filled. A waiting list will be available if there are vacancies.  
Cost \$59.90 pp.

Ellen & Joan (98415595 – Mob 0412539402)

**Bike Riding (John Hudgson)**

**Rides are 1<sup>st</sup> and 3<sup>rd</sup> Wednesday**

**Please note:** June rides have been changed as follows:

**June 4th** - Outer Circle Rail Trail M45 G4  
Meet corner of Aderney St and Campbell St)

**June 18th** - Eaglemont Tennis Court up freeway M31 K10  
Meet 10am. Leader is James Campbell.

See sheet on notice board for details.

John Hudgson 98440662

**Golf (Lyn Crosbie)**

**Results**

**Friday 9<sup>th</sup> May - Freeway**

Winner – **Mike Bindon** –38 Stableford points  
Resulting in a break of handicap  
Runner-up – **Jim Douglas** – 30 Stableford points

**Friday 23<sup>rd</sup> May – Freeway**

Winner – **John Mugridge** – 31 Stableford points  
Runner-up – **David Dodds** – 29 Stableford points

**Next game 6th June Freeway Golf Course – Tee off 8.30am**

**Golf Getaway to Benalla**

Thirty two members travelled to Benalla for the 2008 Autumn Cup (20 golfers and 12 non golfers). We had a very enjoyable time away with both great weather and accommodation.

Jeff and I were given room 15 and next to the bed was a mirrored wall. Everyone was jealous as they all would liked to have it their own room especially Wayne and Leon.

Bocce was the name of the game on Sunday afternoon. Budding champions shone through in Raw Lawley, Val Reid and Ross Chapman. First senior moment of the trip goes to John Mugridge. He managed to forget to bring his golf shoes. Luckily Mike Bindon had brought 2 pairs along so John was able to BREAK in Mikes’ new ones for him.

Down to serious business on Monday morning when the first day of competition began for the golfers. The course looked easy but did not play that way. Norm Edwards has become a greenie as he spent nearly all of his time amongst the trees. We had to console ourselves at happy hour later in the day before the shuttle bus came to pick us up and take us to dinner. I do ask the question – **Which male really enjoyed sitting on Jacob’s knee in the shuttle bus?**

Later that evening Leon provided his homemade cupcakes to have with coffee. Wayne couldn’t believe his luck in having such a domesticated roomy.

Tuesday brought another hard round of golf except for one or two people. The winner of the competition and Autumn Cup was Leon Magree with a score of 71 points. Runner-up was Mike Bindon with a score of 61 points.

A large hamper was given to us by Benalla Golf Club and a bottle of red wine given by the owners of the Motel in appreciation for the group booking. All names into a hat and the gifts were won by Barb Green and John Mugridge.

My special thanks to Mary Gault for all her hard work and research she put into making the trip a wonderful time for the non golfers.

As always it is great to see members of our club come away with us for the first time. It really is the best way to get to know somebody. I hope to see some new faces on our trip to Albury.

**Walkers Report**

Heigh Ho! Heigh Ho! It’s round the lake we go!

The seven tireless walkers set off to discover the gems that abound around the lake in the centre of Benalla—gems of history, of art, of botany.

We passed places where the early explorers and surveyors camped; the place where one of them was drowned and the site of a famous massacre. Further on, we found the old Toll Gates still standing at the bridge, the site of the first cemetery and the historic rail bridge.

One of the most fascinating things we found was a modern structure – an analemmatic sun dial, which none of us had ever heard of till then.

Sir Edward (“Weary”) Dunlop was born in the area and started his career as a pharmacist in Benalla. There is wonderful summary of his achievements at his memorial in the Rose Garden.

Ned Kelly’s many and varied exploits took place in and around this town. Our walk on the second day took us past the shop where he fled to elude his captors, past his court house, into his cell and on to the Museum which has a huge amount of Kelly information, memorabilia and artifacts.

The Art Gallery provided the very much needed refreshments and chairs before we poured over the treasures which make it one of the best regional galleries.

**Getaway to Albury September 21<sup>st</sup> – 23rd.**

\$230.00 per person twin share – golfers

\$200.00 per person twin share – non golfers

All details on notice board and a deposit of \$25.00 per person required as soon as possible.

Maximum of 34 as there are only 17 rooms

Lyn Crosbie

**Book Exchange (Pat Edwards)**

No Book Swap this month Pat & Norman will be away.

**Book Reading Group (Helga Braun)**

Contact Helga 9850 2144.

**Scrapbook Group (Verity Moore)**

**Dates for Scrapbooking 2008**

<b>Scrapbooking for 2008 (Normally 4<sup>th</sup> Monday)</b>	
23 <sup>rd</sup> June - 28 <sup>th</sup> July	27 <sup>th</sup> Oct – 24 <sup>th</sup> Nov
25 <sup>th</sup> Aug – 22 <sup>nd</sup> Sep	

Verity 98416373

**Fine Dining (Hugh Cornell)**

Fine Dining is a good way of members getting to know each other a little better. It is necessary for leaders to let Hugh have a note of where and when you attended and a comment on the food and service, so that this can be entered in the Events Register.

See Hugh if you wish your name to be added to our list of diners.

Your leader will be in touch.

<b>Group 1</b>	<b>Group 2</b>
Claire & Jim Douglas Leaders	Jo & Noel Danahay Leaders
Ian & Barb.Green	Marion & Terry Cummins
Laurine & Wayne Eames	Norma Green & Eliz Diffen

**Games (Marion Cummins)**

We will be holding our normal card nights on the 24th of June at the Uniting Church Hall. Starts at 7.30pm. **No cards in July**

**Trivia Night** has been moved again. Now Tuesday 26<sup>th</sup> August.

Please make a note of this in your diaries.

I have Terry Working on some little surprises for our Trivia Night so study hard on local knowledge!!!!

.Marion 98505852

**Fine Photography Group (Doug Havne)**

**Meet Second Wednesday of the Month at 7.30pm**

At our June meeting we saw some photos our members have got together for the local competitions. We also looked at why one may choose to buy the more expensive SLR Digital camera.

July Meeting Wednesday 9th July at 30 Pine Hill Drive. Note the change to the second Wednesday. All members and friends are welcome to come and see what we do and enjoy.

Doug

**Fellowship Tea Roster (Alan Baker /Mary Gault)**

The tea roster does not obligate anyone; it is just a guide to help spread the load. Supplies are arranged. You need to be at the hall at around 9.30am to set up and help serve at fellowship then clean up afterwards, please bring two tea towels to dry the dishes. There is an A4 sheet headed "Fellowship Tea Roster Duties" in the box with the tea and coffee, explaining what has to be done. If you are physically unable to carry out the roster duties, please let us know and we will take your name off the list. If you are unable to attend on your rostered day, please phone Alan on 98505641 or Mary on 98507881

June	David & Elaine Dodds
July	Jim & Claire Douglas
August	Anne Doull and Maureen Dubock

**Membership & Welfare (Lorraine Cooper)**

As Lorraine will be away to "The Centre" during June please contact Ian Gault this month concerning anyone who is not feeling well or who needs a ride to meetings.

**Apologies:** If you are unable to attend a meeting, please contact **Ian** or have someone pass your apologies to Ian on 98507881. If necessary please leave a message.

**June Birthdays**

Pat Ajani – Bob and Dawn Anderson – Ian Coleman – Marg Cornell – Norman Edwards – Lois Mason – John Mugridge – Merril Smead Les Thompson

**First Aid and CPR**

**First Aid & Resuscitation**

For anyone interested, Ian Gault has several DVD's and Video tapes available for loan to members for self training in First Aid and resuscitation. There will be a training session along with an emergency evacuation drill practice at the hall in the coming months.

Our First Aiders	
Jim Douglas	Jill Dickason
Jo Danahay	Wendy Fishley
Ray Lawley	Ian Gault

**Important Medical Information About Strokes**

During a BBQ, a friend stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) .....she said she had just tripped over a brick. They got her up and got her a new plate of food. While she appeared a bit shaken up and quiet, Ingrid went about enjoying herself the rest of the evening. After going home, Ingrid deteriorated and was taken to hospital and later passed away. She had

suffered a mild stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Ingrid would be with us today. Some don't even die.... they end up in a helpless, hopeless condition. Neurologist say that if they can get to a stroke victim within 3 hours they may totally reverse the effects of a stroke. The trick is getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

**Recognizing a Stroke "Three" steps, S-T- R**

People have falls and dizzy spells all of the time. Unfortunately, the lack of awareness can spell disaster. It is always essential to call 000 as soon as it is obvious the person is not well because sometimes symptoms of a stroke are difficult to identify but, Doctors say a bystander can recognize a stroke by asking three simple questions:□

- S \*Ask them to smile
- T \*Ask them to say something simple, like "It's a sunny day today"
- R \*Ask them to raise both arms□□

Another 'sign' of a stroke can be identified by asking the person to 'stick' out their tongue. If the tongue is 'crooked', if it goes to one side or the other, that may also be an indication of a stroke.□

If they have trouble with any of these tasks, record their symptoms to relate to the paramedic.

□ Even if the patient seems to pass these tests and you think there is something wrong with them call 000 any way. □

**Stroke:** Remember The 1st Three Letters....S.T.R.

**Your Committee 2008/9**

President -- Ian Gault 9850 7881 tluag2@bigpond.com.au	
Vice President □ - Liz Turner Phone 9850 4429 geoliz@bigpond.com.au	Past President - □ Helen Armstrong – Phone 9816 4643 □ helenarmstrong@optusnet.com.au
Secretary □ Judy Baker - Phone 9850 5641 □ jnabaker@optusnet.com.au	Treasurer □ Jake Kerseboom: Phone 9857 6415 □ jkersebo@bigpond.net.au
Asst. Secretary/Publicity □ Doug Hayne Phone 9841 8645 dhayne@bigpond.net.au	Welfare & Membership □ Lorraine Cooper Phone 98504483 □ raylorr@bigpond.com.au
Activities □ Ron McBain Phone 98503919 qualcalserv@optusnet.com.au	Speakers □ Margaret McGregor Phone 98426200 ronmargmcgregor@optusnet.com.au

**Activity Groups**

Leader	Ron McBain	9850 3919
Book Swap	Pat Edwards	9848 7389
Book Group	Helga Braun	9850 2144
Craft	Yvonne Boyall	9841 6295
Cycling	John Hudgson	9844 0662
Fine Dining	Hugh Cornell	9846 2395
Exhibitions	Wendy Fishley	9848 3749
Games	Marion Cummins	9850 5852
Garden	Faye Williams	9899 0640
Genealogy	Ray Lawley	9850 4252
Getaway	Lyn Hudgson	9844 0662
Golf	Lyn Crosbie	9850 1801
Photography	Doug Hayne	9841 8645 040 777 8634
Scrapbook	Verity Moore	9841 6373
Theatre	Ellen Boyd	9841 5955 041 253 9402
Trips - Events	Elaine Hayne	9841 8645 040 777 8644
Walks	Judy Chapman	9846 3286

**Other Items**

**Corks and Screwtops For The Elephants (Lois Mason)**

I am involved with a support organisation for elephant welfare and funding can be helped by collection of corks and screwtops from your

drinkies during socialisation. These will be packed by a volunteer group and passed on to a recycling company that buys them and picks them up. As of the 18th April this year, the total raised for corks was \$284.623. for 199.2 tonnes, plastics \$1,789.50 for 5.9 tones and \$600 for aluminium, cans and screw tops. Please bring in your corks and screw tops to the meetings and pass them on to me for to this cause. Thanks Lois

**Editor's Notes**

**Newsletter Deadline:** July Sunday 6th July at Noon.

Our web site: [http://www.users.bigpond.com/doug\\_hayne/front.htm](http://www.users.bigpond.com/doug_hayne/front.htm)

Use the link on the web site to access the Probus Sth. Pacific website. Email: [templestowevalley@probus.com.au](mailto:templestowevalley@probus.com.au)

**Our Postal Address is PO Box 518 Bulleen 3105**

Please use this address for all club correspondence.

Our Secretary will clear the box regularly.

**Member Details Changes**

Changes in email addresses:

Judy and Ross Chapman: [judyandrossc@bigpond.com](mailto:judyandrossc@bigpond.com)

Alan & Judy Baker: [jnabaker@optusnet.com.au](mailto:jnabaker@optusnet.com.au)

**Member Profile - Elizabeth Diffen.**

I began life in Ivanhoe as Elizabeth Tutton just prior to World War 2. My dad served at Gallipoli and on The Somme in World War 1 and afterwards as a patrol officer in Papua New Guinea. Dad and Mum settled in Ivanhoe where their families lived. Dad started a printing business with his brother-in-law during the depression years.

I went to school at Ivanhoe Girls Grammar, which I loved then and all the years since and on Sundays to St James church across the road.

After leaving school I did a secretarial course at Melbourne Technical College (which keeps changing it's name) in the 1950's. I caught the train to work where I earned £6/10/- a week. In those days train journeys, social tennis, Young Liberals, work, lunch in Flinders lane, and the Saturday night dance at Heidelberg Town Hall were all very social to me. A man named Eric Diffen once asked me for a dance. We talked and danced all night (as you could then with the music loudness level just right) and we went on talking for the next 12 months. Eric had not long left the Naval Fleet Air Arm after serving in Korea. Discharged with ill health, he started an engineering career. We married in 1957, bought land in Lowan Ave Lower Templestowe and in 1961 completed our own home.

Friends thought we were "nuts" as there was no one there. But, we corrected that by producing our first born Garry and 11 months later Greg. But we weren't the only ones, Lower Templestowe exploded with families just like ours; babies everywhere. We were involved in the local Progress Association with meetings at our house. We could rarely go out together. We were also involved in getting council to build a much needed kindergarten. They provided land and the families involved, paid £10 with £90 on call. We built and paid for The Lower Templestowe Kindergarten in 4 years.

The Bulleen Primary school where our children first went, was made up mainly of "portables" After a survey, the Hamer Government agreed to establish Templestowe Valley Primary. Lots of very well attended barbeques and school fetes and mother's club to go to. Then there was the Scouts, Another £10 and £90 on call for the 1<sup>st</sup> Templestowe Valley Scout Hall and again for the Bulleen Basketball Club. Keep fundraising or sell your houses seemed to be the way it went. It all involved dads as well as mums which meant most of the time one of us had to stay at home with the children while the other went to meetings..

However, I have many warm memories of our Lower Templestowe Community and the truly fine families who made it home.

After primary school, Gary and Greg went to Ivanhoe Grammar. Back to Ivanhoe and back to work for me in East Melbourne where part time paid more than full time 12 years earlier.

In 1977 my dad died aged 83. My mum then came to live with us. Her home in Marshall Street and ours in Lowen Avenue were sold and we bought in Vista Street Bulleen to accommodate three generations. Sadly, in 1979 Eric lost his battle to stay with us as long as he could and when mum died two months later, half our family was lost in a short space of time. For the three remaining, myself and the children, life looked very

black; no colours, no smiles, no laughs. Then, a phone call from a much older Ivanhoe Girls Grammarian lady who encouraged me to return to the committee and to familiar faces and places. I then re joined The Liberal Party when an election came up. (I wonder if can we still put up signs in the garden.) So, gradually our lost was found. Gary and Greg both found work whilst at the same time, attending University. So, with my old school, the Liberal Party, Templestowe Red Cross, National Council for Women, U3A and meeting with all my friends in Probus Club of Templestowe Valley or weeding the garden; busy busy and enjoying it! The boys are now men and both doing well, Greg married and is living in England and has made me a grandmother, at last, so I have begun travelling at this stage of my life and will tell you all about it if you ask me next time we meet.

*Elizabeth Diffen*

**In The 1500's**

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500s:

Most people got married in June because they took their yearly bath in May, and still smelled pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the body odor. Hence the custom today of *carrying a bouquet when getting married.*

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying, *Don't throw the baby out with the Bath water..*

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. There was nothing to stop things from falling into the house.. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. *That's how canopy beds came into existence.*

The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, *Dirt poor.* The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside.

A piece of wood was placed in the entrance way. Hence the saying a *thresh hold*

Sometimes pork was available, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could, bring home the bacon. They would cut off a little to share with guests and would all sit around and *chew the fat.*

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or the *upper crust.*

Lead cups were used to drink ale or whiskey. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of *holding a wake.*

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (*the graveyard shift.*) to listen for the bell; thus, someone could be, *saved by the bell* or was considered a *dead ringer.*

*And that's the truth...Now, whoever said History was boring ! !*

## Probus Club of Templestowe Valley - Events List – 2008

Date	Event	Time	Leader
<b>JUNE</b>			
Wed Jun 4 <sup>th</sup>	Bike Riders. Outer Circle Rail Trail Cnr Aderney St and Campbell St M45 G4	10.00 am	Wayne Eames
Tue Jun 3 <sup>rd</sup>	Photography Group at 30 Pinehill Drive Doncaster East	7.30 pm	Doug Hayne
Fri Jun 6 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Wed Jun 11 <sup>th</sup>	Melbourne Eye City Walk – Meet at Jolimont Station	9.30	James Campbell
Sat Jun 14 <sup>th</sup>	Central Australia Motoring Trip – Meet Uluru –before 1pm Jun 14 <sup>th</sup>		Ron McBain
Mon Jun 16 <sup>th</sup>	Fellowship Meeting _ Lunch Doncaster Inn Hotel \$13.00 (Third Monday)	9.45 am	The President
Tue Jun 17 <sup>th</sup>	Genealogy State Library Swanston St.	10.00 am	Ray Lawley
Tue Jun 17 <sup>th</sup>	Craft Group Meeting	10.00 am	Yvonne Boyall
Wed Jun 18 <sup>th</sup>	Up Freeway. Meet at Eaglemont Tennis Court M31 K10	10.00am	James Campbell
Fri Jun 20 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Jun 23 <sup>rd</sup>	Scrapbook Group	10.00 am	Verity Moore
Tue Jun 24 <sup>th</sup>	Games at Uniting Church Hall Templestowe	7.30 pm	Marion Cummins
Wed Jun 25 <sup>th</sup>	Fairfield Boathouse Walk – Meet at Eaglemont Tennis Club. Mel - 31K11	9.30 am	James Campbell
Sun Jun 29 <sup>th</sup>	Barbecue at Birrarung Park	12 Noon	Elaine Hayne
<b>JULY</b>			
Wed Jul 2 <sup>nd</sup>	Bike Riders Elgar Rd. Up Freeway (Wayne) Mel - 47 B4 – C4	10.00 am	Wayne Eames
Fri Jul 4 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Jul 7 <sup>th</sup>	Garden Group The Edible Garden Mt. Waverley	TBA	Faye Williams
Wed Jul 9 <sup>th</sup>	Theatre – Guys & Dolls Princess Theatre	1.00 pm	Joan Planck
Thu Jul 10 <sup>th</sup>	CUB Brewery Tour. Car Pool from Hall	9.30am	Elaine Hayne
Mon Jul 14 <sup>th</sup>	Fellowship Meeting – 5 <sup>th</sup> Anniversary lunch in the hall	9.45 am	The President
Tue Jul 15 <sup>th</sup>	Craft Group Meeting - Venue TBA	10.00 am	Yvonne Boyall
Wed Jul 16 <sup>th</sup>	Bike Riders Fitzimons Bridge to Beasleys & Beyond Mel - 21 G12	10.00 am	James Campbell
Thu Jul 17 <sup>th</sup>	Kenneth Park Walk – Fitzroy – Meet StVincents Vic Parade	9.45 am	Wendy Fishley
Fri Jul 18 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Jul 21 <sup>st</sup>	Genealogy.	TBA	Ray Lawley
Sun Jul 27 <sup>th</sup>	Barbecue at Birrarung Park	12 Noon	Elaine Hayne
Mon Jul 28 <sup>th</sup>	Scrapbook Group	10.00 am	Verity Moore
Wed Jul 30 <sup>th</sup>	Bike Riders Finns Reserve to Ruffey Lake. Mel - 33 B4	10.00 am	James Campbell
<b>AUGUST</b>			
Fri Aug 1 <sup>st</sup>	Christmas in July – Burrumbeet Hotel, Ballarat	TBA	Elaine Hanye
Fri Aug 1 <sup>st</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Wed Aug 6 <sup>th</sup>	Bike Riders Box Hill and along Gardiners Creek. Mel - 47 G11	10.00 am	John Hodgson
Mon Aug 11 <sup>th</sup>	Fellowship Meeting	9.45 am	The President
Thu Aug 14 <sup>th</sup>	Kenneth Park - Port Melbourne Walk	TBA	Wendy Fishley
Fri Aug 15 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Aug 18 <sup>th</sup>	Genealogy.	TBA	Ray Lawley
Wed Aug 20 <sup>th</sup>	Bike Riders Kevin Bartlett Reserve up Gardiners Creek. Mel - 59 B1	10.00 am	John Hodgson
Sun Aug 24 <sup>th</sup>	Barbecue at Birrarung Park	12 Noon	Elaine Hayne
Mon Aug 25 <sup>th</sup>	Scrapbook Group	10.00 am	Verity Moore
Tue Aug 26 <sup>th</sup>	Games at Uniting Church Hall – Trivia Night -	7.30 pm	Marion Cummins
Fri Aug 29 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Sun Aug 31 <sup>st</sup>	Barbecue at Birrarung Park	12 Noon	Elaine Hayne

## Probus Club of Templestowe Valley - Events List – 2008

<b>SEPTEMBER</b>			
Mon Sep 1 <sup>st</sup>	Garden Group Kuranga Native Nursery Mt Evenland	TBA	Faye Williams
Wed Sep 3 <sup>rd</sup>	Bike Riders Wantirna Circuit M63 J4	10.00 am	John Hudgson
Mon Sep 8 <sup>th</sup>	Fellowship Meeting	9.45 am	The President
Wed Sep 10 <sup>th</sup>	Theatre – Wicked – Regent Theatre	TBA	Joan Planck
Fri Sep 12 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Wed Sep 17 <sup>th</sup>	Bike Riders Lilydale/ Warburton Rail Trail. Mel - 119 B10	10.00 am	John Hudgson
Fri Sep 19 <sup>th</sup>	Tramboat Cruise – Lunch at Anglers Hotel	TBA	Elaine Hayne
Sun Sep 21 <sup>st</sup>	Golf Getaway to Albury Sunday 21 <sup>st</sup> to Tuesday 23 <sup>rd</sup>	TBA	Lyn Crosbie
Fri Sep 22 <sup>nd</sup> – 26 <sup>th</sup>	Canberra Floriade	TBA	Faye Williams
Fri Sep 26 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Sun Sep 28 <sup>th</sup>	Barbecue at Birrarung Park	12 Noon	Elaine Hayne
<b>OCTOBER</b>			
Wed Oct 1 <sup>st</sup>	Bike Riders Lower Eltham Park – Diamond Creek Mel - 21 H10	10.00 am	John Hudgson
Fri Oct 10 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Oct 12 <sup>th</sup>	Fellowship Meeting	9.45 am	The President
Wed Oct 15 <sup>th</sup>	Bike Riders Jolimont – Port Melbourne – StKilda. Mel - 2G D5	10.00 am	John Hudgson
Fri Oct 24 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Thu Oct 23 <sup>rd</sup>	Evening Barbecue at Birrarung Park	5.00pm	Elaine Hayne
Wed Oct 29 <sup>th</sup>	Bike Riders Zoo up Tulla Freeway. Mel - 29 E11	10.00 am	John Hudgson
Oct 31 <sup>st</sup> – Nov 4 <sup>th</sup>	Stayover Bright Caravan Park – Fully Booked		Lyn Hudgson
TBA	Theatre – Aida Besen Theatre	TBA	Joan Planck
<b>NOVEMBER</b>			
Nov 1 <sup>st</sup> – 4 <sup>th</sup>	Stayover Bright Caravan Park – Fully Booked		Lyn Hudgson
Wed Nov 5 <sup>th</sup>	Bike Riders Yarra Flats Upstream. Mel - 32 C6	10.00 am	John Hudgson
Mon Nov 10 <sup>th</sup>	Fellowship Meeting	9.45 am	The President
Fri Nov 7 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Fri Nov 14 <sup>th</sup>	Friends For Life Concert	TBA	Joan Planck
Mon Nov 17 <sup>th</sup>	Garden Group - Linton's at MtEliza for our End of Year Luncheon.	TBA	Faye Williams
Wed Nov 19 <sup>th</sup>	Bike Riders Eaglemont Tennis Court – Up Freeway. Mel - 31 K10	10.00 am	John Hudgson
Thu Nov 20 <sup>th</sup>	Barbecue in Birrarung Park	5.00 pm	Elaine Hayne
Fri Nov 21 <sup>st</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Fri Nov 21 <sup>st</sup>	Healsville Sanctuary	TBA	Elaine Hayne
Tue 25 <sup>th</sup> - 27 <sup>th</sup>	King Island Three day Trip		Kerry McInerney
<b>DECEMBER</b>			
Mon Dec 3 <sup>rd</sup>	Bike Riders St Kilda Beach Ride. Mel - 2K G9	10.00 am	John Hudgson
Fri Dec 5 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Dec 8 <sup>th</sup>	Fellowship Christmas Luncheon	TBA	The President
Tue Dec 16 <sup>th</sup>	Craft Group Lunch	TBA	Yvonne Boyall
Wed Dec 17 <sup>th</sup>	Bike Riders Fitzsimmonds Bridge down stream. Mel - 21 G12	10.00 am	John Hudgson
Fri Dec 19 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
TBA	Music Hall Theatre Dinner	TBA	Joan Planck

1. He was the holder of cap No 1 for the first test team to tour England which was an aboriginal team.
2. Don Bradman was the holder of cap 124
3. The name on the badge was spelt Kevin instead of Kevan
4. The Light Towers built 1985 are the oldest visible part of the arena. Parts of the fence dating back to the 1880's are there but are covered by advertising.

**Probus Club of Templestowe Valley Inc**  
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Reg No. A0045497C  
Probus Registration No. 58457 -  
Accreditation No. 2219

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**TO**