



## **President's Message –Helen Armstrong**

I am writing this two days before we jet off on Monday. I am fitting in a day in Bendigo on Sunday with my Probus friends before we go. So, I do not have much spare time on my hands. Thanks Ian Gault so very much for stepping in for me at our next meeting, I am sure he will do a wonderful job. Members, please take care while I am away, and remember to keep on having fun, fun and more fun.

I received and accepted an invitation from the Rotary Club of Manningham to attend a combined meeting of the eight Probus Clubs in the Manningham Rotary Family, at the Casavini Restaurant, on Monday 17 September. I invited Yvonne Boyall to accompany me. We were seated with Max Didier and his wife. Max was a founder of our club. We had a very enjoyable evening. Nice food and good company. The speaker was a representative of Barwon Water, going over the pros and cons of our water crisis.

### **Our Speaker Lady Southey**

What a delight! A with it lady! I think she is up there amongst the best of our speakers, so very entertaining having done her homework finding out about us - Probus, on the internet before joining us. I hope I am just half as good as her at her age as she is still enjoying life especially farming and with such an extended family and she certainly does not appear to be slowing down. On speaking personally with her I found that she was so interested in us and our activities and how busy we are. She invited us to her Winery and Restaurant at Tooborac which was named after her late husband Shelmerdine. he gave us the manager's name and telephone number, we are endeavoring to go there early next year as a group.

Until this time next month; don't forget – Fun, Fun, Fun.

*Helen*

(Helen found out on Sunday that Elsie had been taken to hospital and was unable to make the trip. Helen set off on her own and has been in touch by text messages. Elsie is OK and out of hospital now.)

## **Secretary's Report Judy Baker**

### **Donation for our Craft Ladies**

Thanks to the Rotary Club of Donvale for their very generous donation of \$500 and 22 meters of silk, for our craft ladies to continue making cushion and drainage bags for oncology patients. Thanks to Lorraine and Ray Cooper and Robert McKenzie the Past President of Donvale Rotary Club for their efforts in securing this donation. If any member would like to join the craft group and help with this very worthwhile activity, please contact Yvonne Boyle.

### **Activities Approved at our Committee Meeting 10<sup>th</sup> of September 2007**

Get A Way, Phillip Island 13 – 16 November'07

Train Trip to Bendigo 23 September'07

### **October Meeting**

Our next meeting is on Monday, 8<sup>th</sup> of October at the Ajani Centre, Thompsons Road, Lower Templestowe, opposite Sunhill Road, Melway 32K7. Enter the hall from the front entrance. The hall will open at 9.00am for activity bookings.

The meeting will commence at 9.45am. Please tender the correct amount of \$2.00 in cash for your monthly fee, this money goes towards the morning tea and hire of the hall for our monthly meetings.

### **Lunch**

Lunch will be held at the Yarra Valley Country Club, 9 – 15 Templestowe Road, Bulleen. The cost is \$9.90 for a 2 course lunch. If you would like to attend, please add your name to the list when you pay your \$2 to Jenny Morcom or Marjory Coronica. *Judy*

## **Speakers -Marg McGregor**

### **This Month, Charles “Bud” Tingwell**

Bud is well known for his long career in films, television and live theatre. Living in Doncaster has not stopped the veteran actor from being in demand, and has been known to say “lucky his telephone keeps on ringing”. I am sure his willingness to oblige and his great talent is the real reason this man is in great demand.

### **November Speaker – Robin Bowles – Crime Writer**

### **Last Month's Speaker**

### **Lady Marigold Southey.**

We have all heard of the Melbourne “Myer dynasty”, descendants from the late Sidney and Dame Merlyn Myer. We heard the interesting stories of how our Myer store was born and the great work the four generations of the Myer family continues to do, in Philanthropy, Red Cross, Australian Ballet, Birds Australia, Farming, Schools and numerous other organizations and charities AND, of course the Myer Family Companies. This very special younger daughter of the family Lady Marigold Southey has been a director of the companies for over 40 years. Lady Southey was also Lieutenant Governor of Victoria for many years and was awarded an AM for service to the community in 1999 and more recently the Companion of the Order of Australia in 2006. Lady Marigold Myer married Ross Shelmerdine who past away in 1979. They had four children. She married Sir Robert Southey in 1982 who had five sons. “They were very pleased to see their father married and having someone to look after him.” Sir Robert and Lady Marigold travelled with the Russian Ballet and she told stories relating to this time in her life. She has 16 grand children and 2 great grand children, as well as nine step grand children. She now lives at Mt Eliza with her two Jack Russell dogs.

### **Children's Books for The Smith Family**

Would members please select a book (or books ) suitable for children from 7 years to 13 years to bring along to the October meeting. Particularly focus on boys books for the 12 - 13 age group. A volunteer will be at our November meeting to receive the books on behalf of the Smith Family Christmas appeal.

I am pleased to continue to co-ordinate this as a community service as we have given a great deal of pleasure to many children over the years we have been collecting so many books.

*Ellen Boyd*

**Events - Elaine Hayne****Victoria Barracks & Eureka Towers Walk  
September 12<sup>th</sup>.**

Thirty five enthusiastic members participated in a Theme Walk "Every thing old is new again" experience

We walked from Jolimont station, around the tan track, to tour & lunch at the historic Victorian Barracks built in 1856.

We then continued to Eureka Tower built 2006 and on to the sky walk, suspended viewing platform on the 88<sup>th</sup> floor. What a great group of adventurous club members we have. Thank you all

*Margaret & James Campbell.*

**Barbeque at Birrarung Park**

Our BBQ on Sunday 30<sup>th</sup> was another great day enjoyed by members...So, live it up and come along on October 28<sup>th</sup> for our last lunchtime BBQ. BYO food & Drinks From 12 noon. BBQ facility provided. From November on we will enjoy the summer evenings in daylight savings time.

**Seniors Day Train Trip to Bendigo Sunday  
Sep. 23<sup>rd</sup>**

Fourteen members met at Southern Cross Station to catch the 8.35am train to Bendigo. Our train was scheduled to depart from platform 7C and on arriving there we found an old goods carriage at the platform. Much consternation and questioning of staff revealed that a passenger train made up of a lovely diesel locomotive and three passenger cars was attached to the goods carriage.

A nostalgic and scenic two hour trip on the train and we arrived in Bendigo. A short walk to the "Talking Tram" stop at Bendigo's Pall Mall centre with its fountain. After a 10 minute wait we boarded the tram going to the Joss House. One of our male members seemed to know a lot about Joss houses but didn't seem all that interested in this one as it was only a tourist attraction. (It was closed when we arrived anyway and who would wish to visit a Joss house at 11 in the morning) The tram is a tourist tram with heritage rolling stock and staff and it does actually talk; referring to itself in the first person when telling us of its history.

First stop was at the tram depot/museum which had trams from the 1870's to a dilapidated example of a one of Melbourne's "new" trams; the Z class which was the first to replace the heritage green trams. How time flies. A Z class tram in a museum.

Up to the closed Joss House and stayed on the tram for the return journey. This took us through Bendigo, past the first Myer Store site with a running commentary and on to the Deborah Gold Mine site.. Not having time to do the mine tour justice, we went back to the city centre for a jovial lunch. Doug found a tap with some John Squires Gold Ale and needed three large samples to decide if he liked it or not. He did find he liked it a lot.

On to our return train which was a modern sleek, boring two carriage fast train getting us back to Southern Cross in quarter of an hour less time than it took for the forward journey. (At a cost of 125 million dollars to upgrade the track) The return train was crowded; We 14 Probians did have an influence on the comfort of some passengers taking that trip. Eight other people needing to stand for some of the the journey.

I hear that on the trip back to Box Hill the jerk at the points going into the loop caused a Probian to fall for another passenger. I thought points were operated remotely these days.

**Mt Gambier Bus Trip 4 days 23<sup>rd</sup> -26<sup>th</sup> October  
\$367.00 pp Twin Share \$90.00 Single Supplement**

**Last chance to book and pay by cheque for this trip.**

If you have booked for this trip, see Elaine at the October meeting.

**Astrotour Swinburne University – Hawthorn Campus****Monday 29th October - 3.30pm finishing around  
5.15pm. \$15.00 is now due.**

This Astrotour will be held in one of the 3D theatres at the University. The audience wear lightweight plastic glasses to produce an immersive stereo (3D) effect. A guided interactive tour through the solar system, showing observational and simulated data of The Universe, together with selections from 3D movies produced by The University.

The tour will be presented in a 50 minute viewing with a break for refreshments followed by a short lecture. Any questions from the audience will then be answered.

Swinburne's Hawthorn campus is located on Burwood Road, just east of Glenferrie Road. The venue for the tour is in the Engineering building (marked EN) We will meet on the north east corner of Glenferrie Road and Burwood Road (Melway ref 45 D10) at 3.10pm. and then proceed to the Engineering building, where we will be met by our tour guide Dr David Barnes.

There are plenty of cafes and restaurants along Glenferrie Road for anyone who would like to have lunch prior to the tour.

**Tramboat Cruise up River \$31.00.****Thu Nov 22<sup>nd</sup> 6.45pm**

Meet at 6.45pm at Docklands wharf. Fish & chips included and buy your own drinks from the bar. If booked MUST PAY October meeting. *Elaine*

**Walking Group Judy Chapman and Helga Braun**

Walks are held every 2nd & 4th Wednesday.

Everyone welcome.

October 10th & 24th Eastern Freeway Circuit 9.30am

\* **Note The change of starting point**

We will now meet at Elgar Park . Mel.47 B3

near St. John's Ambulance "First in First Aid " Hall.

There will be a coffee stop at a cafe half way along the walk.

Leaders - **Judy & Alan Baker**

**Craft Group –June Duncan**

Craft Meeting on Tuesday October 30th. See you there for an exchange of ideas and a cuppa. All Welcome.

*June Duncan*

**Garden Group – Faye Williams****Heronswood Dromana 3<sup>rd</sup> December.**

I am now taking names for the December 3rd, visit to

Heronswood at Dromana if you would like to join us please add your name to the list. The entry at Heronswood is \$8.00.

Please pay on the day. I have booked the cafe for lunch, but must confirm numbers prior to our visit.. *Faye Williams.*

**Theatre Group – Pat McInerney, Yvonne Boyall,****Norma Green**

“Trapped by A Treacherous Twin” -

Eltham Little Theatre Friday 23rd November 7.00pm. Tickets \$20.00 - no concessions. To be paid at October meeting.

**“Priscilla Queen of The Desert** - Regent Theatre. Wednesday, 5th December at 1.00pm . Tickets - \$65.00, Concession (Health Card/Student Card/ Pension Card) \$55.00.

Must be paid at the October Meeting.

It would be appreciated if you could please pay for these before our meeting begins as there is a considerable amount to be collected. There are still three tickets available.

*Pat McInerney.*

**Genealogy Group - Ray Lawley**

The Genealogy Group Meeting for Monday 15<sup>th</sup> October will be held at the Doncaster Library behind the Municipal Offices off Doncaster Rd 10-00 – 12-00. The Ancestry Library Edition which gives access to census reports & other information from world wide sources should be available.

This should be of great help for your research world wide.

*Ray Lawley .9850 4252*

**Exhibitions--Wendy Fishley**

*Wendy – 98483749..*

**Bike Riding John Hudgson**

**Rides are 1<sup>st</sup> and 3<sup>rd</sup> Wednesday.**

Bike group is going well. See sheet on notice board for details.Ring John Hudgson for Information 98440662

*John Hudgson*

**Golf – Lyn Crosbie**

**Results**

**Friday 14th September - Freeway**

Winner – **Ian Green** – 33 Stableford points on a countback

Runner-up – **Denis J Wheeler** – 33 Stableford points

**Friday 28<sup>th</sup> September - Freeway**

Winner – **Peter McQuie (Lwr Temp)** – 33 Stableford points

Runner-up – **John Reid** - 32 Stableford points

**Next game 12<sup>th</sup> October - Freeway Golf Course – Tee off 8.30am**

30 members are currently on the golf getaway to Barham – report and results in November newsletter.

*Lyn 0409 312 113*

**Book Exchange Pat Edwards**

Bring along your books for swap at the NEXT meeting

**Book Reading Group Helga Braun**

The book club is still up and running with Helga Meetings are on the Third Tuesday of each Month.

Contact Helga 98502144

**Scrapbook Group Verity Moore**

Contact Verity on 98416373

**Fine Dining -Hugh Cornell**

Fine Dining is a good way of members getting to know each other a little better. It is necessary for leaders to let Hugh have a note of where and when you attended and a comment on the food and service, so that this can be entered in the Events Register.

See Hugh if you wish your name to be added to our list of diners.

**Your leader will be in touch**

See Hugh if you wish your name to be added to our list of diners.

<b>Group 1</b>	<b>Group 2</b>
Liz & George Turner (Leaders)	Laurine & Wayne Eames (Leaders)
Jenny & Graham Morcom	Margaret & James Campbell
Lorraine & Ray Cooper	Judy & Ross Chapman

**Games - Marion Cummins**

Had a great evening learning cribbage with our resident experts last games night. Thanks to John and Ken for their patience. New games, players and ideas always welcome.

**There are no games on October 9<sup>th</sup>**

Games at Uniting Church Hall Tuesday 23rd October 7.30 pm start.Cheers *Marion 98505852*

**Fine Photography Group –Doug Hayne**

**Meet First Wednesday of the Month at 7.30pm**

Last month we looked at some travel photos showing how to decide on what makes the better shots. We also inspected some very old (19<sup>th</sup> century) glass negatives of Victorian Railway scenes as well as some wonderful color shots from publicity for the old Spirit of Progress from the 1930’s.

It was decided that we take on an excursion after daylight saving starts to gain the opportunity to take some evening as well as daytime shots.

Any member is welcome to come along and bring along their photos for all of us to see. You can then see what we do and enjoy. This month we meet on Wednesday 3<sup>rd</sup> October at 30 Pine Hill Drive Doncaster East - *Doug*

**Fellowship Tea Roster**

**Alan Baker /Mary Gault**

The tea roster does not obligate anyone; it is just a guide to help spread the load. Supplies are arranged. You need to be at the hall at around 9.30am to set up and help serve at fellowship then clean up afterwards, please bring two tea towels to dry the dishes. There is an A4 sheet headed “Fellowship Tea Roster Duties” in the box with the tea and coffee, explaining what has to be done. If you are physically unable to carry out the roster duties, please let us know and we will take your name off the list. If you are unable to attend on your rostered day, please phone Alan on 98505641 or Mary on 98507881

October	Patricia Burns and Diana Burton
November	Allan & June Chambers
December	Christmas Lunch

**First Aid and CPR**

Jim Douglas	Jill Dickason
Jo Danahay	Wendy Fishley
Ray Lawley	Ian Gault

## Your Committee 2007

<b>President</b> - Helen Armstrong – 98164643 Email helenarmstrong@optusnet.com.au	
<b>Vice President</b> Ian Gault - 9850 7881 tluag@optusnet.com.au	<b>Past President</b> Peter Fishley-- 9848 3749 fishley03unipro@mel.quik.com.au
<b>Secretary</b> Judy Baker - 98505641 anjbaker@alphalink.com.au	<b>Treasurer</b> - Jake Kerseboom e: - 98576415 jkersebo@bigpond.net.au
<b>Asst. Secretary – Publicity</b> Doug Hayne 98418645 – dhayne@bigpond.net.au	<b>Welfare &amp; Membership</b> Lorraine Cooper - 98504483 raylorr@bigpond.com.au
<b>Activities</b> Ron McBain – 98503919 qualcalserv@optusnet.com.au	<b>Speakers</b> Margaret McGregor – 98426200 ronmargmcgregor@optusnet.com.au

## Membership & Welfare Lorraine Cooper

Please contact Lorraine concerning anyone who is not feeling well or who needs a ride to meetings

**Apologies:** If you are unable to attend a meeting, please contact **me** or have someone pass your apologies to me on 9850 4483.

## Activity Groups

Leader	Ron McBain 98503919	
Book Swap	Pat Edwards	9848 7389
Book Group	Helga Braun	9850 2144
Craft	Yvonne Boyall	9841 6295
Cycling	John Hudgson	9844 0662
Fine Dining	Hugh Cornell	9846 2395
Exhibitions	Wendy Fishley	9848 3749
Games	Marion Cummins	9850 5852
Garden	Faye Williams	9899 0640
Genealogy	Ray Lawley	98504252 9850 4252
Getaway	Lyn Hudgson	9844 0662
Golf	Lyn Crosbie	9850 1801 0409312113
Photography	Doug Hayne	9841 8645 0407778634
Scrapbook	Verity Moore	9841 6373
Theatre	Pat McInerney	9850 4998
Trips & Events	Elaine Hayne	9841 8645 0407778644
Walks	Judy Chapman	9846 3286

## Editor's Notes

### Our Web Site

[http://www.users.bigpond.com/doug\\_hayne.htm](http://www.users.bigpond.com/doug_hayne.htm)

and email direct to [dhayne@bigpond.net.au](mailto:dhayne@bigpond.net.au)

**Our Postal Address is PO Box 518 Bulleen 3105**

Please use this address for all club correspondence.

Our Secretary will clear the box regularly

### Newsletter

Newsletter deadline for November issue is Noon on Sunday 4<sup>th</sup>.

*Doug*

## Other Items

### Help us help you have a good time

Your activity leaders are seeking members' help in arranging an extended holiday similar to the Vietnam trip last year.

Please put on your thinking cap and let Elaine Hayne or Ron McBain know your thoughts and idea's in the coming months, this will assist greatly in the planning process for future trips/events.

Look forward to receiving members idea's, Elaine / Ron

### Jokes & Musings

#### Seems us oldies were pretty clever!!!

A very self-important youth attending a recent football game, took it upon himself to explain to a senior citizen sitting next to him why it was impossible for the older generation to understand his generation.

"You grew up in a different world, actually an almost primitive one," the youth said, loud enough for many of those nearby to hear.

"Us young people of today grew up with television, jet planes, space travel, man walking on the moon, our spaceships have visited Mars. We have nuclear energy, electric and hydrogen cars, computers with light-speed processing " and then.. whilst he paused to take another drink of beer, the senior took advantage of the break in the litany and said, "You're right, son. We didn't have those things when we were young. so we invented them. Now, you arrogant little fart, what are you doing for the next generation?"

The applause was resounding.- Love being a senior citizen!!!

#### Dying For a Chocolate-

You can squash a chocolate on the roof of your mouth and let the heavenly wad of chocolate and caramel slide down your oesophagus s-l-o-w-l-y, leaving a coating to probe with your tongue later. Or you can stuff a selection of three or four straight down your throat and scoff the lot in seconds.

Whichever you do you can't lose. A chocolate will never let you down. You can bolt, cram, stuff, gorge, nibble, wolf, peck, lick, gulp, gobble, chew, scrunch, gnaw, bite or suck a chocolate and it will always *taste wonderful*. Mmmmmmm! I could eat them all day - and frequently do.

In my life I've met many people who don't *eat* chocolate - weight-watchers, acne- sufferers, cholesterol-counters, diabetics, malcontents - and scores of people who eat only a certain type of chocolate - Mars bar addicts and creme eggaholics - but I have never met anyone who *dislikes* chocolate. The driest, most sensible individual will swoon and drown in their own digestive juices at the sight and smell of a chocolate shop. .

At any place, at any time, with any number of. people with the widest range of interests and lifestyles, a foolproof way of eliciting a chorus of bovine mooring is to bring out the chocolates. 'Ooh! Lovely! *Yes please!*, 'Aaaaahhh, what a pity, I'd love one but my doctor says no', 'Mmmmmmm! Well, perhaps just *one*' Chocolates are the sweetest, loveliest, most fattening, silliest, most guilt- inducing manufactured' food ever conceived ...what *is* the secret of the Black Magic box (or of Cadbury's Bournville Selection, Terry's All Gold, Mars bars, Rolos, Bendicks Bittermints or the confectionery department of Harrods?

Marketing, of course, say the cynics, and the addictiveness of sugar. And it's true that the huge turnover of all the familiar lines owes a lot to television advertising, careful packaging and image-making.

'Since the fifties, chocolate box design has become too serious a matter to leave to artists,' say Cadbury's in their programme notes for a London exhibition of chocolate boxes: 'It is the marketing men who make the decisions on shape, size, cost and contents.'

It's also true that as well as a glass and a half of full cream milk in every half pound of Cadbury's Dairy Milk chocolate there's nearly a quarter of a pound of sugar. A 50g bar of Marks & Spencer Swiss Milk Chocolate has very little nutritional value for its 250-plus calories (the same weight of scrambled eggs has half the calories, and twice the vitamin and mineral content).

Nevertheless, there's always been a tradition of chocolate munching in Britain unequalled elsewhere. 'Says Bernard Waiters, managing director of Bendicks, 'People say to me, "If you can sell £3 million of chocolate in the UK, why couldn't you sell five times as much in the USA, with their huge population?"' But Americans are not used to spending money on chocolate. They're not brought up to think that good chocolate is worth paying for.'

To prove this (in the interests of research only, of course) I forced myself to visit Harrods to compare the taste of the ubiquitous American Hershey bar (160 calories and a formidable complement of additives) which costs 25p in this country, with an expensive (£1.25 per quarter pound) but luscious Belgian white chocolate. The difference is shattering - like listening to a tune played on the spoons on *That's Life*, then turning to Radio Theatre to hear a concert conducted by von Karajan. It was Paul Curtin, Harrods' confectionery buyer, who urged me to compare them: 'It's awful, isn't it?' he said of the Hershey bar. 'Yet if we didn't stock them our American customers would complain. They all eat them even if they eat good chocolate as well, whereas Europeans look for quality in their confectionery.'

Predictably, British chocolate-eating habits are linked with class (unlike the USA where everyone eats Hersheys unless they happen to be as discriminating as the Manhattan hostess who sent her butler over here on Concorde to pick up some mint sticks from Charbonnel & Walker and return the same day). Roughly ninety per cent of chocolate eaters buy milk chocolate, and most of the remaining ten per cent finds its way down the throats of the upper-income bracket. Top people like their chocolate, too, but they like it darker and plainer.

Indeed, you'll find no milk chocolate darkening the door-ways of Charbonnel & Walker, which has supplied top people with chocolate from New Bond Street since 1876, when Edward VII tasted Mile Charbonnel's goodies in Paris and brought her here to set up shop with Miss Walker. 'We're a dark chocolate house, and our customers are in the main the upper classes,' says director Gerald Harris. 'We supply many public schools, clubs, and better hotels. We have family accounts and, of course, a royal connection' In fact, other chocolate manufacturers sport a royal crest: Ackerman's in Finchley Road' Swiss Cottage, and Bendicks also supply their royal, highnesses and guests. Even the humble Cadbury's Bournville Selection bears the royal standard' Our national addiction to chocolate (16lb a head last year) really began in the nineteenth century, when manufacturers began producing eating chocolate. Previously, it was -prepared only as a drink.

Our first thanks should go to the Mexicans (or, more accurately, their predecessors the Aztecs and the Incas of Peru, who were cultivating' cacao (which we know now as the cocoa bean) back in the mists of antiquity. The Spanish conquistador Cortes" was introduced to cacao in 1519 by Mexico's then ruler Montezuma, who drank *chocolatl*, a cold drink flavoured with vanilla and other spices. So lovely was this drink that the Mexicans used cacao beans as currency. A slave cost 100 beans. In the seventeenth century, chocolate became a fashionable drink in Europe, and the first cocoa house (in Queen's- Head Alley near Bishopsgate, London) was advertised in 1657. A recipe from a Spanish book on chocolate published in 1631 will give you an idea of what it might have tasted like (remember it was made from grinding the rich, fatty beans and

not - as it is today - from cocoa powder, which has had the cocoa butter removed):

'Take a hundred cacao kernels (that is about a quarter of a pound), two beads of chili or long peppers, a handful of anise or Orjevala, and two of mesachusil or vanilla - or instead, six Alexandria roses, powdered - two drachms of cinnamon, a dozen almonds and as many hazel-nuts, a half-pound of white sugar, and annotto enough to colour it, and you have the king of chocolates'

It was at about this time that coffee houses were fashionable meeting places, and many of them later became famous clubs (for example, White's, adjoining St James's Palace). You needed a licence to sell drinking chocolate then, although a few, individuals ground their own cacao beans. In the eighteenth century, a few small manufacturers (some of whom are still going) began to produce chocolate in commercial quantities. Fry & Sons were founded by Dr Joseph Fry in 1728 (and taken over by Cadbury in the sixties). Like many early confectioners he was an apothecary and so admirably equipped to become a chocolate maker -- apothecaries were used to mortar and pestle, and knew about flavourings (unpleasant medicines were made palatable with sugar and spice). Dr Fry later used water power to drive a mill strong enough to grind cacao beans in commercial quantities (still used only for drinking and still a luxury).

But what we now know as a chocolate (or chocolate bar) we owe to the Victorian age, because it wasn't until then that eating chocolate was produced. In 1828, C J Van Houten improved the drink by pressing out the fat to make cocoa powder which was easier to prepare and drink - 2lb of beans produced 1 lb of powder.

The Cadbury brothers, Richard and George, began to produce eating chocolate (which in its earliest form was simply a tasty by-product) in the 1840s along with Fry & Sons. Messrs Joseph Terry & Sons of York were founded in 1768 and known for 100 years for their candied peels and boiled sugar sweets before they built their chocolate factory in 1886.

Milk chocolate (made by adding fresh or condensed milk and/or milk powder to plain chocolate) was first conceived by Sir Hans Sloane, who was surgeon to King George II in 1727, and it was first commercially produced by Daniel Peter of Vevey, Switzerland, in 1876.

A curious fact about chocolate is that although the four main English cocoa and chocolate firms - Cadbury, Fry, Terry and Rowntree - were all founded by Quakers, and so have a heritage of puritanism and self-sacrifice, the two experiences most associated with chocolate are romance and self-indulgence. But it's a false image for more women than men buy chocolates and they usually give or share them. So however many ladies Patrick Cargill tries to seduce with a box of Terry's All Gold, and however many boxes of Milk Tray are left by exotic bed-sides, and however suggestive the connection between a sexy girl and the bar of chocolate she's sucking, the truth is even more banal. About sixty- five per cent of those who buy chocolates are women, and of these only five per cent buy them to eat themselves (or, at least only five per cent *admit* they buy them for themselves - sinfulness and self-indulgence are closely linked in people's minds). But almost three- quarters of chocolates bought are given to someone else (though rarely on Valentine's Day - the high seasons are Christmas and Easter). Endearingly, when men do buy chocolates to give, they rarely present them in person; the key to those advertisements where the man leaps across tall buildings all because the lady loves Milk Tray and doesn't even wait to be thanked. As with cosmetics, the dream you buy with a box of chocolates is part of its appeal,

no matter why you're buying it or who, you're buying it for. Sadly, unless you pay through the nose - say, £10.50 for a lib *Boite-Blanche* or £19 for a turquoise flock box with silver edge from Charbonnel & Walker, who have some boxes hand-made by an unidentified old lady in Essex ('If we told you who she was everyone would want her,' says Gerald Harris) - the box you end up with will probably have a colour photo of a dog on it.

You can do a lot with plastic if you do it the right way, says Cadbury's design manager, Graham Parker, in defence of the synthetic phoenix which has risen from the ashes of the pretty, elaborate containers which once graced ladies' dressing tables. Manufacturers, can no longer afford such indulgences as Cadbury's famous artists series: in 1931 such luminaries as Arthur Rack-ham, Laura Knight and Mark Gertier designed boxes unlike any before or since. Unfortunately, few people bought them so the idea was dropped. But Harrods and Bendicks boxes are still attractive - a yard of Bendicks, Bittermints comes in a fetching green and gold striped box which, according to one woman employee, is marvellous for keeping your knitting needles in. For the same reasons - the decline of craftsmanship and the rise of mass-production - hand-made chocolates are fast disappearing. Harrods stopped making their own three years ago, and Bendicks, now produce them under the Harrods label to specification: the forty centres are the same and all the ingredients are identical. Newman's and Richoux, exclusive shops which used to produce their own lines, have both been taken over by bigger concerns, and even smallish producers now have enrobing machines to cover the centres with chocolate. Only about three per cent of Bendick's turnover are hand-made - their truffles coated with chocolate Vermicelli, *Tongue du chat* and a few other specialities. As a nation we're discriminating chocolate eaters, and used to far better chocolate than a Hershey bar. However sugar-laden, almost any box or bar of British chocolate you care to buy will be high quality, value-for-money lusciousness. Beer and bread might have been standardised to tastelessness, but mass-produced chocs *tastegood* But taste alone can't explain why people are so partisan about particular chocolates - ask anyone what their favourite is and they can always give you a snappy, answer.

Nor can it explain why chocolate has so much affection, blame and guilt attached to it. No other food is so loved and so reviled. My pet theory is that it's so good that everyone secretly thinks they don't deserve it. So purely pleasurable is the cool, sweet smell of it and so delicious and sensuous is the taste and feel of it melting in your mouth that you are metaphorically looking over your shoulder wondering, 'What did I do to deserve this?' Whereas other pleasures sex, wine, tobacco - carry their pain with them, chocolate is so innocently delightful that it makes you feel guilty just to look at it. I know a family who are all chocolate addicts, and each takes their pleasure guiltily and secretly. "I think to myself that it's not as fattening as cake because there's no flour in it," says the otherwise rational female head of the household, "and I dash out on secret missions to buy it. Then I open the glove-box of my husband's car and a waterfall of Milky Way wrappers falls onto the floor. I go into my son's room and find chocolate wrappers crammed into cupboards and drawers. Even my mother hides chocolate fingers between books"

The same friend has a salutary tale for all the self-denying people who turn down the offer of a chocolate. "My mother-in-law was given a lovely box of chocolates for Christmas but she won't let herself eat chocolate so she presented the box to someone else. When they opened it, there was my mother-in-law's name spelled out in foil-wrapped chocolate letters. It's a lesson to everyone who is too virtuous to eat them. And so say all of us. Care for a violet creme?"

*Beverly Hayne 1945-1986*



## CHRISTMAS LUNCH & REVUE

All Probus members are invited to our  
annual Christmas celebration

Please come and have "FUN"

BYO Drinks & Glasses

Date: Monday 10 December 2007

Venue: Ajani Center

Time 11:00am -

(Note: there will be no formal meeting this month)

Cost: \$15 per person

RSVP At October or November meeting with full payment



**.Probus Club of Templestowe Valley - Events List – 2007**

<b>Date</b>	<b>Event</b>	<b>Time</b>	<b>Leader</b>
<b>OCTOBER</b>			
Mon Oct 1 <sup>st</sup>	Garden Group – Cloud Hill Olinda Meet at hall	9.30am	Heather Bindon
Wed Oct 3 <sup>rd</sup>	Photography Group	7.30 pm	Doug Hayne
Wed Oct 3 <sup>rd</sup>	Bike Riding Group	10.00am	John Hudgston
Mon Oct 8 <sup>th</sup>	Fellowship Meeting Speaker Bud Tingwell “Alittle bit of Show Business”	9.45 am	The President
Wed Oct 10 <sup>th</sup>	Freeway Walk, Leaders: Alan & Judy Baker	9.30 am	Judy Champan
Fri Oct 12 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Tue Oct 16 <sup>th</sup>	Book Club		Helga Braun
Wed Oct 17 <sup>th</sup>	Bike Riding Group	10.00am	John Hudgston
Tue Oct 23 <sup>rd</sup>	Craft Group	10.00 am	Yvonne Boyall
Tue Oct 23/26 <sup>th</sup>	Mount Gambier 4 day trip	TBA	Elaine Hayne
Mon Oct 22 <sup>nd</sup>	Scarp Book Group at Verity’s Home	10.00am	Verity Moore
Tue Oct 23 <sup>rd</sup>	Games at Uniting Church Hall Wood St. Templestowe	7.30 pm	Marion Cummins
Wed Oct 24 <sup>th</sup>	Walking Group Freeway Walk, Leaders: Alan & Judy Baker	9.30 am	Judy Champan
Fri Oct 26 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Sun Oct 28 <sup>th</sup>	BBQ in Birrarung	12 Noon	Elaine Hayne
Mon Oct 29 <sup>th</sup>	Astrotour Swinburne University – Hawthorn Campus	3.30 pm	Lyn Crosbie
<b>NOVEMBER</b>			
Thu Nov 1 <sup>st</sup>	County Court Cnr William & Lonsdales Sts in the city.	9.15 am	Wendy Fishley
Wed Nov 7 <sup>th</sup>	Photography Group	7.30 pm	Doug Hayne
Wed Nov 7 <sup>th</sup>	Bike Riding Group	10.00am	John Hudgston
Fri Nov 9 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Nov 12 <sup>th</sup>	Fellowship Meeting Speaker Robin Bowles – “My Life of Crime”	9.45 am	The President
Tue Nov 13 <sup>th</sup>	Games at Uniting Church Hall Wood St. Templestowe	7.30 pm	Marion Cummins
Wed Nov 14 <sup>th</sup>	Walking Group Finns to Westerfolds	9.30 am	Kerry & Pat McInerney
Tue Nov 20 <sup>th</sup>	Book Club		Helga Braun
Thu Nov 22 <sup>nd</sup>	Tramboat Cruise on Yarra - Evening	6.45 pm	Elaine Hayne
Fri Nov 23 <sup>rd</sup>	“Trapped by A Treacherous Twin “– Eltham Little Theatre	7.00pm	Pat McInerney
Fri Nov 23 <sup>rd</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Nov 26 <sup>th</sup>	Scrapbook Group at Verity’s Home	10.00am	Verity Moore
Tue Nov 27 <sup>th</sup>	Craft Group	10.00 am	Yvonne Boyall
Tue Nov 27 <sup>th</sup>	Games at Uniting Church Hall – Crazy Whist & Break up	7.30 pm	Marion Cummins
Wed Nov 28 <sup>th</sup>	Walking Group & Cyclists Christmas Get Together	10 am	Judy Chapman
Thu Nov 29 <sup>th</sup>	BBQ in Birrarung Start of daylight saving BBQ’s	5 pm	Elaine Hayne
<b>DECEMBER</b>			
Mon Dec 3 <sup>rd</sup>	Garden Group – Heronswood. Dromana. Meet at the hall	9.30 am	Faye Williams
Wed Dec 5 <sup>th</sup>	Priscilla Queen of The Desert – Regent Thatre	1.00 pm	Pat McInerney
Fri Dec 7 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Fri Dec 7 <sup>th</sup>	Golf Breakup at Urban retreat	7.00pm	Lyn Crosbie
Mon Dec 10 <sup>th</sup>	Chistmas Lunch at The hall	11.30 am	The President
Fri Dec 21 <sup>st</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
<b>JANUARY</b>			
Fri Jan 4 <sup>rd</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Jan 14 <sup>th</sup>	Fellowship Meeting Speaker Beth Wilson	9.45 am	The President
Fri Jan 18 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
<b>Thu Jan 24<sup>th</sup></b>	Evening BBQ in Birarrung Park	5 pm	Elaine Hayne
<b>FEBRUARY</b>			
Fri Feb 1 <sup>st</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Mon Feb 11 <sup>th</sup>	Fellowship Meeting	9.45 am	The President
Wed Feb 13 <sup>th</sup>	Walkers Point Lonsdale two day stopover	TBA	Lyn Hudgston
Fri Feb 15 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
Thu Feb 28 <sup>th</sup>	Evening BBQ at Birrarung Park	5 pm	Elaine Hayne
Fri Feb 29 <sup>th</sup>	Golf at Freeway	8.30 am	Lyn Crosbie
<b>MARCH</b>			
Mon 17 <sup>th</sup> Mar	AGM		
Thu 27 <sup>th</sup> Mar	Evening BBQ in Birarrung Park	5 pm	Elaine Hayne

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