



President's Report

As a club we look forward to a continuation of our enjoyable times together in various programs and activities as well as furthering our knowledge of what is going on about us. Our next committee meeting will consist of preparing and planning for the year ahead for the President elect and his committee. We are now looking to the forthcoming elections and anticipate nominations for our new committee to be submitted. As you would know, the new Vice President to be elected by members has to be a female to comply with our rule of alternate gender for President each year. We would like to encourage all members to take up the challenges and opportunities to provide for the fun, fellowship and friendship that comes from being a part of this highly valued club.

Happy New Year to all our members; may 2006 be peaceful and safe and bring good health to all.

"It is good to be merry and wise, it is good to be honest and true. It is best to be off with the old year, before you are on with the new". (Songs of England & Scotland -1835). *Margaret*

Secretary's Report (Doug Hayne)

2006 Election

Nomination forms for election of office bearers for 2006 will again be available at the front door at the meeting. These need to be forwarded to The Secretary by the end of the February Club Fellowship Meeting. Elections will be held at the March meeting.

Our Web Site

Have a look at the site at:

http://www.users.bigpond.com/doug_hayne/index.htm

I have added some information about NZ Bed & Breakfast accommodation we experienced on our Christmas trip as well as details about the excellent hire car company we used.

Doug

This month's meeting

This month's meeting, is on **Monday January 9th** at the Bulleen & Templestowe Community Centre, Ted Ajani Reserve 284 Thompsons Rd., Lower Templestowe (Opposite Sunhill Road. Melway 32 K7). The hall will open at 9.00 am for bookings for activities. The meeting will commence at 9.45.

Please tender the correct amount of \$2.00 in cash for your fee. Lunch will be at the Manningham Club as usual.

This month's speaker

Keran Challenger started working at the Consumer and Tenant Resource Centre in Boronia in 1994. While there, her role included information provision, dispute resolution, support and representation for consumers and tenants at VCAT and community education.

Following a government decision to close the centre in June 2004, she accepted the position of Education and Liaison Officer at Consumer Affairs Victoria and continues to work in the metropolitan region informing consumers of their rights and

responsibilities under various pieces of Victorian consumer protection legislation.

Keran is involved in Consumer Affairs Victoria Consumer Education in Schools program which consists of providing information sessions to school students and promoting *Consumer Stuff!* She is also jointly responsible for establishing and maintaining networks with key community agencies and educational institutions.

Treasurer's Report (Lorraine Cooper)

The financial report will be presented at the meeting.

If you have any questions about our finances, please feel free to talk with me at the meeting. *Lorraine*

Last Month's Events

The Christmas Lunch was a hit. Thanks to Alan and Judy Baker and their helpers for the hard work they put in to make it such a success. Marg and James Campbell for the patience and time put in to get "The Commits" item to an entertaining standard.

Thanks also to Wilma and the singing group for adding to the entertainment and Santa Clause Hudgson for his generosity.

Upcoming Trips and Events

Barbies at Birrarung Thursday 19th Jan and 16th Feb

Meet there around 5pm BYO everything. Lots of members and lots of fun at the last BBQ. Be there.

Day trip to Mont Delancey Wandin - \$16.50 Tour/ Lunch Friday 10th February

Heritage tourist attraction. Historic homestead and museum, gardens and St Mary's chapel. Car pool from the hall at 10am

Twilight Tramboat Yarra cruise Monday 27th February \$29.00 Includes Fish & Chips served on boat.

Popular trip. Nearly booked out - 8 seats available - pay at January meeting.

Leaves 7pm sharp from No 9 wharf Victoria Harbour.

Walking Group 2nd & 4th Wednesday of Month (Lyn Hudgson & Margaret Campbell)

January 11th 10.AM.(Note time change)

Finns to Westerfolds Return..

Meet at Duncan st Lower Templestowe Melway- Ref .33.B4 After our walk we are having a B.Y.O. B.B.Q. at a Members Home.

January 25th 9.AM(Note time change and meeting place)

Westerfolds Circuit Meet at Porter st Entrance.

Melway Ref .33.E.3 - Café Available for Refreshments.

TV World and The Briars Monday 27th March \$41.00

Morning tea, Lunch, entrance fees and bus included. Travel by bus to the Mornington Peninsular to visit TV world .Media Museum at Moorooduc. A large collection of media memorabilia relating to the press, radio and TV as well as popular music. Two course lunch served at a local hotel before moving on to Mt Martha to visit the historic Briars Homestead Historic Park and Wetlands. This is an estate that was established in 1840 situated on 30HA of wetlands with more than 120 bird species, kangaroos and wallabies. Must have 30 people for this to go ahead. Non members welcome, bring a friend if you wish Book and pay at January meeting Meet at the hall at 9.00am sharp. See the notice board for details.

Theatre – Lois Mason and June Duncan

Dusty The Musical

Tickets have been posted out. Contact June or Lois for queries. **Australian Pops Orchestra**, Concert Hall, Sunday July 23 2006 2pm Matinee The Theme "Music from the Movies" Tickets price \$45.00, in the Stalls. Seating chart available. (We need to book this far in advance as these performances are very popular, and tickets go quickly) **Wayne Newton**. April 2006 Crown. ticket price \$98.00 no concessions, no matinees.

Games group - Marion Cummins

Second and fourth Tuesdays of the month Templestowe Uniting Church Hall - Enter from Wood St. \$3.00 per person Tea and Coffee provided Bring own drink glasses and nibbles Tea and Coffee provided. Prizes to be won- Cost - \$3.00 See Marion or ring 98505852 or place your name on the notice board at the fellowship meeting. *Marion*

Book Reading Group (Helga Braun)

During 2005 we have read some very interesting and enjoyable books, resulting in lively discussions. We meet on the third Tuesday of the month at 7.30pm (except in January) During the dark winter months we will do a trial of daytime meetings so keep watching the book club. We can accommodate 2 more members, so if you are interested in joining our group please call me on 98502144. *Helga Braun*

Verity Moore's Scrapbook Group

See the Events List for dates. Contact Verity on 98416373 if you would like to participate in the scrapbook group. Fourth Monday of the month

Book Exchange.

Please bring a book along this month and take a book home. We are looking forward to some interesting titles appearing on the table. Pat Edwards will stamp your book when adding to the exchange, so the lender will return the book back to our 'book table' for further use.

Fine Dining (Hugh Cornell)

We are continuing our dining program in 2006 and hope you continue to enjoy good meals and fellowship. It is up to your group whether you have lunch or dinner, when and where you go. Just enjoy!!

Group 1	Group 2
Wilma Pontefract & Denis Wheeler (Leaders)	Domenic & Dee Borin (Leaders)
Pauline & John Mugridge	Margaret & James Campbell
Pat & Norman Edwards	Judy & Alan Baker

Your leader will be in touch. Hugh would appreciate feedback on restaurants, in order to pass on to others and so that details can be entered in the Events Register. If you are interested in dining out with other members of our Probus Club please add your name to the list .

Golf (Mike Bindon)

Golf Clinic on January 23rd at 9.00am.Eastern Golf Club. Lesson will be on club fitting. Bring all your clubs and find out about the correct fittings. Limit of 12 persons.Refer to club notice board. *Mike*

Museums

Expressions of interest in The Immigration Museum in Flinders St. and the Holocaust Museum in Elsternwick are invited. See Wendy at the meeting or call her on 9848 3749. *Wendy*

Member Welfare Reports (Val Reid)

Transport to meetings: If you have transport difficulties getting to the meetings please contact our new welfare officer Val who may be able to arrange a lift. Val can be contacted on 98503161 **Apologies:** If you are unable to attend a meeting, please contact Peter Fishley or have someone pass your apologies to Peter or call him directly on 9848 3749. *Val*

Suggestion Box

Please put your thoughts into the box so they may be addressed as soon as possible and tabled at the next committee meeting

Newsletter deadline February issue

Please submit contributions for newsletters by Midnight on Sunday 4th February

Fellowship Tea Roster (Alan and Judy Baker)

The tea roster does not obligate anyone; it is just a guide to help spread the load. Supplies are arranged. You need to be at the hall at around 9.30am to set up and help serve at fellowship then clean up afterwards, please bring two tea towels to dry the dishes. There is an A4 sheet headed "Tea Roster Duties" in the cupboard under the sink, explaining what has to be done. If you are unable to attend on the rostered day, please phone Alan and Judy on 98505641

Tea Roster

January	Lyn & Ron McBain
February	Margaret & Ron McGregor
March	Pat & Kerry McInerney
April	Diane & Hugh McIntosh
May	Kay & Philip Mithen
June	Beverley McDowell & Jenifer Morcom

Activity Groups

Contacts for Activities		
Leader	JohnMugridge	9841 9005
Theatre	June Duncan	9848 3329
Tennis	Irene Baird	9850 4125
Trips & Events	Elaine Hayne	9841 8645
Day Trips	Helen Armstrong	9816 4643
Day Walks	Margaret Campbell Lyn Hudgson	9431 1958 9844 0662
Golf	John Mugridge Lyn Crosbie	98503769 98501801
Exhibitions	Wendy Fishley	9848 3749
Games Group	Marion Cummins	98505852
Dine Out	Hugh Cornell	9846 2395
Book Swap	Pat Edwards	
Scrapbook Group	Verity Moore	98416373
Book Group	Helga Braun	98502144

Your committee

President - Margaret Cornell Phone: 9846 2395 margcorn@hotmail.com	
Vice President/Membership Peter Fishley Phone: 9848 3749 fishley@mel.quik.com.au	Secretary / Newsletter Doug Hayne Phone: 9841 8645 Mob: 04 07778635 dhayne@bigpond.net.au
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Activities Officer John Mugridge Phone: 9841 9005 weldmate@ozemail.com.au	Asst. Secretary Ian Gault 98507881 tluag@optusnet.com.au

Jokes

Great truths about growing old!

- Growing old is mandatory; growing up is optional.
- Forget the health food. I need all the preservatives I can get.
- When you fall down, you wonder what else you can do while you're down there.
- You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- It's frustrating when you know all the answers but nobody bothers to ask you the questions.
- Time may be a great healer, but it's a lousy beautician.
- Wisdom comes with age, but sometimes age comes alone

The meaning of life

On the first day God created the dog. God said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. I will give you a life span of twenty years."

The dog said, "That's too long to be barking. Give me ten years and I'll give you back the other ten." So God agreed.

On the second day God created the monkey. God said, "Entertain people, do monkey tricks, make them laugh. I'll give you a twenty-year life span."

The monkey said, "How boring, monkey tricks for twenty years? I don't think so. Dog gave you back ten, so that's what I'll do too, okay?" And God agreed.

On the third day God created the cow. God said, "You must go to the field with the farmer all day long and suffer under the sun, have calves and give milk to support the farmer. I will give you a life span of sixty years."

The cow said, "That's kind of a tough life you want me to live for sixty years. Let me have twenty and I'll give you back the other forty." And God agreed again.

On the fourth day God created man. God said, "Eat, sleep, play, marry and enjoy your life. I'll give you twenty years."

Man said, "What? Only twenty years! Tell you what, I'll take my twenty, and the forty the cow gave back and the ten the monkey gave back and the ten the dog gave back, that makes eighty, okay?"

"Okay," said God, "You've got a deal."

So that is why the first twenty years we eat, sleep, play, and enjoy ourselves; for the next forty years we slave in the sun to support our family; for the next ten years we do monkey tricks to entertain the grandchildren; and for the last ten years we sit on the front porch and bark at everyone.

Life has now been explained to you.

Probus Club of Templestowe Valley - Events List - 2006			
Date	Event	Time	Leader
JANUARY			
Fri Jan 6 th	Golf at Freeway	8.30-am	John Mugridge
Mon Jan 9 th	Fellowship Meeting	9.45am	The President
Wed Jan 11 th	Walking Group Westerfolds Park	10.00 am	Lyn Hudgson Marg Campbell
Thu Jan 19 th	Evening BBQ BYO at Birrarrung Park (Note time change)	5 00 pm	Helen Armstrong
Fri Jan 20 th	Golf at Freeway	8.30-am	John Mugridge
Wed Jan 25 th	Walking Group Westerfolds (Note Time Change)	9.00 am	Lyn Hudgson Marg Campbell
FEBRUARY			
Wed Feb 1st	Theatre: Lion King Matinee	1 00 pm	June Duncan
Fri Feb 3rd	Golf at Freeway	8.30-am	John Mugridge
Wed Feb 8 th	Walking Group Koonung Freeway Circuit	9.00 am	Lyn Hudgson Marg Campbell
Fri Feb 10 th	Mt Delancey – Historic Home – Car pool from hall	10.00 am	Helen Armstrong
Mon Feb 13 th	Fellowship Meeting	9.45am	The President
Tue Feb 14 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Fri Feb 17 th	Golf at Freeway	8.30-am	John Mugridge
Tue Feb 21 st	Book Club – Games Group	7.30 pm	Helga Braun
Wed Feb 22/3	Walking Group Overnight stay over at Port Arlington	TBA	Lyn Hudgson Marg Campbell
Tue Feb 28 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Mon Feb 27 th	Tramboat upstream on The Yarra. Meet at the harbour 6.30	7 00 pm	Elaine Hayne
MARCH			
Wed Mar 1 st	Theatre - Dusty The Musical Arts Centre- Matinee	TBA	June Duncan
Fri Mar 3 rd	Golf at Freeway	8.30-am	John Mugridge
Wed Mar 6 th	Walking Group Yarra Flats	9.00 am	Lyn Hudgson/Marg Campbell
Fri Mar 10 th	Fellowship Meeting (General Election)	9.45am	The President
Tue Mar 14 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Fri Mar 17 th	Golf at Freeway	8.30-am	John Mugridge
Tue Mar 21 st	Book Club	7.30 pm	Helga Braun
Wed Mar 22 nd	Walking Group Yarra Flats	9.00 am	Lyn Hudgson/Marg Campbell
Mon Mar 27 th	TV World – “The Briars” Historic Farm	9.00 am	Elaine Hayne
Tue Mar 28 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Fri Mar 31st	Golf at Freeway	8.30-am	John Mugridge
APRIL			
TBA	Wayne Newton at Crown – More details later	Evening	June Duncan
Mon Apr 10 th	Fellowship Meeting	9.45am	The President
Tue Apr 11 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Wed Apr 12th	Walking Group Finns to Ruffey Lake	9.00 am	Lyn Hudgson/Marg Campbell
Mon Apr 10 th	Fellowship Meeting	9.45am	The President
Fri Apr 14th	Golf at Freeway	8.30-am	John Mugridge
Tue Apr 18 th	Book Club	7.30 pm	Helga Braun
Tue Apr 25 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Wed Apr 26 th	Walking Group Day out Albert Park	9.00 am	Lyn Hudgson/Marg Campbell
Fri Apr 28th	Golf at Freeway	8.30-am	John Mugridge
Sat Apr 29 th - Sat 13 th May	Vietnam Trip		Harvey World Travel Bulleen
Sun Apr 30 th to Tue May 2 nd	Corowa Golf Trip		John Mugridge
MAY			
Mon 8 th May	Fellowship Meeting	9.45am	The President
Wed May 10th	Walking Group Warrandyte Circuit	9.00 am	Lyn Hudgson/Marg Campbell
Tue May 16th	Book Club	7.30 pm	Helga Braun
Wed May 24 th	Walking Group Warrandyte Circuit	9.00 am	Lyn Hudgson/Marg Campbell
Sat May 27th	Saturday Dance. Note change of date..Hall Booked	7.30 pm	Elaine Hayne
Australian Pops Orchestra, Concert Hall, Sunday July 23 2006 2pm Matinee Need to book early – See June Duncan			

Recognizing a Stroke

(Several members passed this to us)

During a BBQ a lady stumbles and falls. It is suggested that an ambulance be called but she assures everyone that she is fine and just tripped over a brick because of her new shoes. While she appears bit shaken up, the lady goes about enjoying herself for the rest of the evening.

Her husband calls the next day saying that his wife has been taken to the hospital – and at 6:00pm, she passes away.

She had suffered a stroke at the BBQ - had they known how to identify the signs of a stroke perhaps the lady would be with us today.

Identifying the signs

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke.

He said the trick was getting a stroke recognized, diagnosed and getting to the patient within 3 hours. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby are unable to recognize the symptoms of a stroke.

Read on to learn and remember these three steps.

You can recognize a stroke by asking three simple questions:

1. *Ask the individual to SMILE.
2. *Ask them to RAISE BOTH ARMS.
3. *Ask them to SPEAK A SIMPLE SENTENCE (i.e. . . It's sunny out today) This should be easily understood.

If they have trouble with any of these tasks, call 000 immediately and describe the symptoms to the dispatcher.

After discovering that a group of non-medical volunteers could identify facial weakness, arm weakness and speech problems, researchers urged the general public to learn the three questions. They presented their conclusions at the American Stroke Association's annual meeting last February.

Widespread use of this test could result in prompt diagnosis and treatment of the stroke and prevent brain damage.

This was a true story and the advice genuine. Please pass this advice on to as many people as you can.

Travelling Tips - New Zealand (Doug Hayne)

A two week motoring tour of both islands of New Zealand over the 2005 Christmas period taught us a few things about accommodation and travelling there.

Accommodation

I booked our accommodation using the internet and concentrated on finding good Bed & Breakfast establishments. There are plenty to choose from and their prices vary greatly. From around NZ\$70.00 per couple per night to \$NZ210.00, Motel accommodation may be available at cheaper rates but with the extra cost of breakfast may be close to the same price. AND you don't get the friendliness we experienced .

You do need to establish the exact tariff as they only quote a range on the web sites and whether this is seasonal or reflects the type of

room you have is not always clear. We found that in December most places charged just below the higher rate quoted on the web sites but never established whether this is seasonal or not. We really thought we got good value at most of the places we stayed so didn't negotiate.

We found all B&B's to be clean but not always roomy. Beds were all very comfortable and facilities worked well in most places. (Funny showers there though.) . Some of the homes are old and owner renovated but this added to the charm, complementing the wonderful company the hosts provided.

Without exception the best feature of these establishments was the warm welcome and feeling that you were staying with relatives or friends. At two of our home stays we accepted a \$30.00 each BBQ for an evening meal and this was well worth the value not only in the food we ate but in the wonderful company we had for the evening. At the Farm Stay in Stratford we had Christmas Day, with our hosts Billy-Anne and Corb Stallard. They had their family Christmas lunch on the previous day so we shared a BBQ lunch with them. We bought the steaks and they provided the leftovers from their lunch. No cost, just a friendly lunch. Lovely Christmas pudding too. These farmers shared their life experiences freely with us and we had a great time. This was typical of the other places we stayed too.

I will put details of B&B's we stayed at and found to be excellent. on the web site.

Driving in NZ

Generally, driving is comfortable. As the traffic in most places is very light. Drivers are courteous but with the usual "Yahoo" exceptions. Speed limits are 50K in towns.

We had small 4 door cars hired from Omega rentals. (Mazda Familia and Toyota Sprinter) Omega were very good; efficient, polite and helpful. They arranged the ferry trip and a changeover of car at Wellington after leaving the Mazda at Picton on the South Island.. Transport to pick up and after hand back. \$49.00 a day and that's all we pay. The cars were a little aged 1996 and 1999 models but good condition and large enough boot for our two large suitcases and camera gear etc.

I found that 80 to 90K/h was the safest speed on most roads with these cars but they would easily hold 100K on the motorways.

I found plenty of places to allow those in a hurry to pass safely whilst in my 80-90K/h mode. They do sit close behind you there and it's always more relaxing if you have a clear way behind you. Lots of twisty turns and sharp climbs really keep you on your toes. They also still have the "right turn has right of way" rule there which can be a bit frightening if you forget.

I found the constabulary very polite there when I accidentally crept over the 50K/h speed limit. He warned that I might get a ticket if I do the 63 Km/h he clocked me at. too often. I explained about the 60 Km/h that I'm used to in Australia and he let me go. without a ticket (I think)

See the web site for more details on the B&B stays and car rental.

Doug Hayne

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