



President's Message - Peter Fishley

A number of members have asked me recently if I am looking forward to my year as President of the Club. The answer of course is yes. But underlying the question is the unasked question, are you planning any changes? The answer to that is yes and no. If, as a Club, we do not plan new and interesting things to do, or enlarge upon the scope of the ones we have at present, we run the risk of becoming moribund and losing members because of it. On the other hand, there are many things that we have put in place that are working well and which it would be foolish to change. We have a solidly based club, a dedicated committee (which has just had a partial "changing of the guard"), and a strong, enthusiastic and participatory membership.

My observation is that we all get along pretty well with each other and that some good friendships have developed from our being thrown together in Probud for more than two-and-a half years now: I have won some new friends and I hope you have too. Through Probud, I now know many more people of this broad area than I have known throughout the entire 27 years Wendy and I have lived in Lower Templestowe and, with Probud, I have been to more places of interest than before.

My vision for the club is that it continues to make us want to be part of it because of what it offers, but also because of what we can contribute to its welfare. Further, that we grow as people, getting to know and like each other, and have fun doing it. In support of this sentiment, I commend this quote to you from *Sailing to Byzantium* by the English poet William Butler Yeats (1865-1939): "**An aged man is but a paltry thing, / A tattered coat upon a stick, unless / Soul clap its hands and sing**".

Secretary's Report - Doug Hayne

Good Bye from Doug

.After three stimulating years of being Secretary of this wonderful club, I must move aside to allow Ian Gault to take over the job as of 1st April. I look forward to contributing to the club in other ways outside the committee. The committee have asked that I continue as Newsletter Editor and so I will remain in this role. Thanks to Kerry and Margaret, our first two Presidents and all committee members and club members for your support and feedback over my period as Secretary. A special thanks to Peter Fishley, our incoming President for his support. Special thanks also to my dear wife Elaine for her support. - Over to Ian.

Treasurer's Report - Jacob Kerseboom.

If you have any questions about our finances, please feel free to talk with Jakeor Lorraine at the meeting.

This month's meeting

This month's meeting the first for our new committee is on **Monday April 10th** at the Bulleen & Templestowe Community Centre, Ted Ajani Reserve 284 Thompsons Rd., Lower Templestowe (Opposite Sunhill Road. Melway 32 K7). The hall will open at 9.00 am for bookings for activities. The meeting will

commence at 9.45. Lunch will be at the Manningham Club as usual

This Month's Speaker

Paul Sheahan ex Test Cricketer and Head Master of the Melbourne Grammar

Last Month's Events.

BBQ at Birrarung Park 16th March (St Patricks Day)

Forty One people had another splendid evening of good food, drinks and of course lots of chatter.

Lunch BBQ Sunday 9th April don't miss it.

TV World and The Briars - John Mugridge

What a feast. On Monday March 27th a group headed for the Mornington Peninsula and in the morning at Moorooduc we visited TV World, The Australian Museum of Modern Media. TV World was established in 1988 by award winning TV producer Bob Phillips and his wife, stage and TV performer Judy Banks. Since then Bob has collected over 5000 items of memorabilia some of which we had the opportunity to view. A feature of the tour was a presentation in The Nostalgia Theatre hosted by and mainly about The King- The late Graham Kennedy. We laughed until the tears ran down our face. With all our heads nodding in agreement we acknowledged a character. Truly a significant exhibition.

Lunch was taken in a pleasant fashion at the Dava family hotel and bistro and our afternoon visit was to "The Briars" Park, Nepean Highway Mt Martha.

The Park has a long history of Aboriginal occupation. followed by European occupation of one of the first pastoral runs on the Mornington Peninsular. The Briars 1840s Homestead houses a world renowned collection of Napoleonic memorabilia, established by Dame Mabel Brookes to mark the relationship between her Grandfather William Balcombe and the Emperor Napoleon during his exile on St Helena. At the visitors centre we were shown a video of the historical and modern aspects of this most interesting area.

Fin e Dining - Ian and Barbara Green.

A great evening with Kerry and Pat McInerney, Jan Doull and Norma Green enjoyed Columbo's Family Restaurant in Balwyn. These "getting to know you" gatherings are a great source for membership bonding and we look forward to many more mouth watering outings.

Melbourne City Tourist Shuttle

Jennifer Eaton tells of a great experience travelling on the FREE Bus that covers a 45 minute tour of our great city. You can get off and on as many times and places you wish to. A great outing to take visitors from overseas or interstate. There will be brochures available at the April meeting.

Web site is: <http://www.thatsmelbourne.com.au> .

Upcoming Trips and Events

4 Day Trip Warrnambool Tue 20th March 2007 \$399.00

Flagstaff Hill, Port Fairy Historical Village, Shipwreck Coast, Portland and Otway Fly - all included. See notice board for information and expressions of interest list.

Single Supplement \$90.00 Pay \$50.00 deposit by July – then \$50.00 part payments any time after July.

Genealogy Group –Thursday April 6th

We have an early visit this month to The Genealogical Society of Victoria on Thursday **6th April at 10.30am** at Level B1 257 Collins St, when following an orientation of the society and their resources, we will join a regular Thursday presentation with the topic being, “National Archives of Australia and their holdings” in their Melbourne office”.

Any queries please contact **John Mugridge**

LUNCH BBQ at Birrarung Sunday 9th April

Meet there around noon or earlier if you wish.

BYO everything. Be there for the fun.

Walking Group 2nd & 4th Wednesday of Month

Margaret & Lynn will be stepping back from leading the walk group after our last walk in June 2006 **Anyone interested in taking on the position please see Margaret or Lyn.**

First April walk -on Wednesday 12th Finns Reserve to Ruffy Park Lake -this walk will take about 2hours. Sturdy shoes needed as there is some road walking.

BYO Refreshments Melways map 33.B4. 9am start

Second walk 26th April- city walk 9am at hall car pool to Albert park and surrounding area’s – BYO lunch , back pack,water etc.

Melway Map 2k ref .E7.more details at April meeting

Lynn for information.

Margaret 94311958 Lynn 98440662.

All new members are very welcome on our walks. No bookings or apologies are needed.

Theatre – Pat McInerney, Yvonne Boyall, Norma Green

Thur 18th May Crazy for You 8pm – Whitehorse Musical Theatre Company, Besen Centre, 87-89 Station Street, Burwood.

Bookings closed.

Sat 3rd June at 2.00pm - Six Dance Lessons in Six Weeks –

Todd McKenney & Nancye Hayes, Comedy Theatre.

(Matinee). \$52.00. **Payment due at April meeting.**

Wed 28th June at 1.00pm Swan Lake on Ice – Princess Theatre, (Matinee during the school holidays). \$45.00.

Payment due April meeting.

Wed 16th July - Busy Body (Mystery) - Doncaster Playhouse, 679 Doncaster Road, Twilight Session 5.15pm

\$18.00. Payment at or before June meeting.

Sun 23rd July - Australian Pops Orchestra, Concert Hall, 2.00pm Matinee – theme “Music from the Movies”

\$45.00 in the stalls. Payment due at or before May meeting.

Coming Up - Fri 20th October - A Chorus Line at Darebin Arts Centre.

Games group - Marion Cummins

Five Hundred - Lessons for Beginners will be held on the second and fourth Tuesdays of the month - 11th and 25th of April at the Uniting Church Hall in Wood St. Templestowe.7.30 pm \$3.00 covers hall, cards, coffee and biscuits. Ring Marion on 98505852 or just turn up.

Bring own drink glasses and nibbles Tea and Coffee provided.

Prizes to be won

Museums and Exhibitions. Wendy Fishley

Next two Kenneth Park walks **Thursday, 11 May** - Collins Street Landmarks and **Monday, 26 June** – Fitzroy

Please pay at next meeting for our May walk

Book Reading Group (Helga Braun)

Meetings 3rd Tuesday of month –Helga Braun -98502144

Verity Moore’s Scrapbook Group

The scrap book is available for take home loan.

See Verity if you would like to borrow it. It also on our web site.

Book Exchange.

Pat will be away for the April meeting so there will be no one in attendance. Pat will be there as usual at the May meeting.

Fine Dining -Hugh Cornell

We hope you continue to enjoy good meals and fellowship. It is up to your group whether you have lunch or dinner, when and where you go. Just enjoy!!

Hugh would appreciate feedback on restaurants, to pass on to others and so details can be entered into the Events Register.

See Hugh if you are interested in dining out with other members of our Probus Club so that he can add your name to the list .

Your leader will be in touch.

Group 1	Group 2
Jim & Claire Douglas (Leaders)	Fay & Len Williams (Leaders)
Lyn & Jeff Crosbie	Jo & Noel Danahay
Brenda & Noel Hatton	Helen Armstrong - Beryl Glover

Golf – Lyn Crosbie

Autumn Cup, Corowa. It is all systems go for our April/May visit with Laurine Eames looking after the walkers.

Spring Cup Cobram-Barooga 24th-26th September

Note The Golf activities leaders are Lyn Crosbie 9850 1801 and Michael Bindon on 98462173 for your points of contact..

Social.Evening May 27th - Live Band

7.30 to 11.30pm - \$20.00

We have booked Dianna Mayne and her seven piece band and singers for the club social in our hall this year. Dianna has told us they provide all types of music if requested. Old time, Jazz, R&R and group dances such as Macarina, Hokey Pokie, Boot Scootin’. BYO supper and drinks and friends are welcomed .

Pay at our April meeting.

Christmas in June Tues 20th June \$35.00

Valley View Vineyard – Car Pool – Morning Tea, Lunch with ham & turkey and veges and plum pudding and Yarra Valley Ice Cream, Tea, and Coffee. Wine available for purchase.

MUST PAY AT APRIL MEETING

Point Nepean Nat. Park Wed 19th July Bus Trip \$40.00

Morning Tea. Lunch at Rye Hotel, Tour and shuttle bus
Book now and pay at May meeting.

Fellowship Tea Roster -Alan and Judy Baker.

The tea roster does not obligate anyone; it is just a guide to help spread the load. Supplies are arranged. You need to be at the hall at around 9.30am to set up and help serve at fellowship then clean up afterwards, please bring two tea towels to dry the dishes. There is an A4 sheet headed “Tea Roster Duties” in the cupboard under the sink, explaining what has to be done. If you are unable to attend on the roistered day, please phone Alan or Judy (98505641).

April	Diane & Hugh McIntosh
May	Margaret & Ron McGregor
June	Maureen O’Brien & Ruth Ogier

Activity Groups

Two new activities are being promoted, Gardening / Gardens and Craft / Hobbies, with further information coming out shortly

It has also been suggested we consider a club recipe book, what do you think?, Please put your thoughts in the Suggestion Box .

Contacts for Activities		
Leader	JohnMugridge	9841 9005
Theatre	Norma Green	94313843
Trips & Events	Elaine Hayne	9841 8645
Day Walks	Lynn Hugston	98440662
Golf	Lyn Crosbie	98501801
Exhibitions	Wendy Fishley	9848 3749
Games Group	Marion Cummins	98505852
Dine Out	Hugh Cornell	9846 2395
Book Swap	Pat Edwards	
Scrapbook Group	Verity Moore	98416373
Genealogy	John Mugridge	98419005
Book Group	Helga Braun	98502144

Your committee

President - Peter Fishley- 9848 3749 fishley@mel.quik.com.au	
Vice President Helen Armstrong - 98164643	Secretary Ian Gault 98502881 Email: tluag@optusnet.com
Treasurer - Jake Kerseboom e:98576415 Email:jkersebo@bigpond.net	Past President Margaret Cornell: 98462395 Email: margcom@hotmail.com
Welfare Val Reid: 98503161 Email: jvreid@melbpc.org	Speakers Beverley McDowelle 98746906
Activities John Mugridge: 9841 9005 mugridges@optusnet.com	Membership Lorraine Cooper 98504483 Email: raylorr@bigpond.com

Member Welfare Reports -Val Reid

Transport to meetings: If you have transport difficulties getting to the meetings please contact Val on 98503161who may be able to arrange a lift.

Apologies: If you are unable to attend a meeting, please contact Lorraine Cooper or have someone pass your apologies to Lorraine

Other Items

Suggestion Box

Please put your thoughts into thebox for consideration at the next committee meeting.

Newsletter deadline May issue

Midnight Thurs 27th April..(Editor Travels on Friday night)

Our Web Site

Have a ;look at the site at:

http://www.users.bigpond.com/doug_hayne/index.htm

And remember the password “our first date” <mmmyyyy>

Email Hints (Outlook Express)

1. When you start Outlook express, you will be asked if you wish to go “Online”. Select “No” to stay “Offline”
Your new incoming messages will not arrive yet but will go into your “Inbox” when you go “On Line” later.
You can compose your new messages (Select <Create Mail>) then when finished, select<Send> and they will be put into the “Outbox”. When all your new messages to be sent are in the Outbox, select <Send/Receive> and you will be asked if you wish to go online. Select <Yes> and the messages in youir Outbox will be sent and you new mail will arrive in your Inbox. This procedure ensures that you hold up your phone for a minimum time while composing messages.
2. When you open a new incoming message, select <Tools> then <Add Sender To Address Book>. This will add the senders email address and “nickname” to your address list. Later, when sending them an email, if you type the first few letters of their email address or “Nickname” the address book will pick the name up and finish the address for you. To change the “Nickname” select <Tools> then <Address Book> then find the name and select it to open a panel with all of the senders details. Select <Edit> to change the details.
3. If you want to know if your email got to its destination and was actually opened and read, you can have the recipient’s computer automatically send you an email back to say they have read it. Here’s how you do it
Before you select <Send>, left click (select) <Tools> on the tool bar at the top of the page.Then from the list, select <Request read receipt> then select <Send>.
An email will be sent back to you to say the recipient has opened it. When they do open it they are given the option to refuse to send the reply but most civilised people allow it to go back to you.

NOTE Some selections may be different with different versions of Outlook Express. Be brave – experiment.

Probus Club of Templestowe Valley - Events List - 2006			
Date	Event	Time	Leader
APRIL			
Thu Apr 6 th	Genealogy - The Genealogical Society of Victoria 257 Collins St. Level B1	10.30 am	John Mugridge
Sun Apr 9 th	BBQ Lunch Birrarung Park	12.00 noon	Elaine Hayne
Mon Apr 10 th	Fellowship Meeting	9.45am	The New President
Tue Apr 11 th	Games Group. Templestowe Uniting Church Hall - Five Hundred Lessons	7.30 pm	Marion Cummins
Wed Apr 12 th	Walking Group Finns to Ruffey Lake	9.00 am	Lyn Hudgson/Marg Campbell
Fri Apr 14 th	Good Friday - Golf at Freeway	8.30-am	Lyn Crosbie
Tue Apr 18 th	Book Club	7.30 pm	Helga Braun
Mon Apr 24 th	Scrapbook Workshop	10.00am	Verity Moore
Tue Apr-25 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Wed Apr26 th	Walking Group Day out Albert Park	9.00 am	Lyn Hudgson/Marg Campbell
Fri Apr 28 th	Golf at Freeway	8.30-am	Lyn Crosbie
Sat Apr 29 th to- Mon May 15 th	Vietnam Cambodia Trip - Plane leaves at 0015 (12 15am)		Harvey World Travel Bulleen
Sun Apr 30 th to Tue May 2 nd	Corowa Golf Trip		Lyn Crosbie
MAY			
Mon May 8 th	Fellowship Meeting	9.45am	The President
Tue May 9 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Wed May 10 th	Walking Group Warrandyte Circuit	9.00 am	Lyn Hudgson/Marg Campbell
Thu May 11 th	Kenneth Park – Collins St. Landmarks –Block Arcade to Spring St.	10.00am	Wendy Fishley
Fri May 12 th	Golf at Freeway	8.30-am	Lyn Crosbie
Tue May 16 th	Book Club	7.30 pm	Helga Braun
Thu May 18 th	Crazy for You - Whitehorse Musical Theatre Company.	8 pm	Norma Green
Mon May 22 nd	Scrapbook Workshop	10.00am	Verity Moore
Tue May 23 rd	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Wed May 24 th	Walking Group Warrandyte Circuit	9.00 am	Lyn Hudgson/Marg Campbell
Fri May 26 th	Golf at Freeway	8.30-am	Lyn Crosbie
Sat May 27 th	Saturday Social BYO Supper and drinks – In our hall..	7.30 pm	Elaine Hayne
JUNE			
Sat Jun 3 rd	Six Dance Lessons in Six Weeks – Comedy Theatre - Matinee	2.00pm	Norma Green
Fri Jun 9 th	Golf at Freeway	8.30-am	Lyn Crosbie
Tue Jun 13 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Mon Jun 19 th	Fellowship Meeting	9.45am	The President
Tue June 20 th	Christmas in June Valley Vineyard	10.00am	Elaine Hayne
Mon Jun 26 th	Fitzroy with Kenneth Park (Fully Booked)	10.00am	Wendy Fishley
Mon Jun 26 th	Scrapbook Workshop	10.00am	Verity Moore
Fri Jun 23 rd	Golf at Freeway	8.30-am	Lyn Crosbie
Wed Jun 28 th	Swan lake on Ice – Princess Theatre - Matinee	1.00pm	Norma Green
Tue Jun 27 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
JULY			
Fri Jul 7 th	Golf at Freeway	8.30-am	Lyn Crosbie
Mon Jul 10 th	Fellowship Meeting	9.45am	The President
Tue Jul 11 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Thu Jul 13 th	Kenneth Park Walk through East Melbourne	10.00am	Wendy Fishley
Tue Jul 18 th	Busy Body – Doncaster Playhouse– Twilight Session	5.15 pm	Norma Geen
Wed Jul 19 th	Point Nepean Quarantine Station Bus leaves the hall at 9.00am	9.am	Elaine Hayne
Fri Jul 21 st	Golf at Freeway	8.30-am	Lyn Crosbie
Sun Jul 23 rd	Australian Pops Orchestra , Matinee Concert Hall Melbourne	2 PM	June or Lois
Mon Jul 24 th	Scrapbook Workshop	10.00am	Verity Moore
Tue Jul 25 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Wed Jul 26 th	Gown of the Year at Rembrants		Helen Armstrong
AUGUST			
Fri Aug 4 th	Golf at Freeway	8.30-am	Lyn Crosbie
Tue Aug 8 th	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Mon Aug 14 th	Fellowship Meeting	9.45am	The President
Fri Aug 18 th	Golf at Freeway	8.30-am	Lyn Crosbie
Tue Aug 22 nd	Games Group. Templestowe Uniting Church Hall	7.30 pm	Marion Cummins
Thu Aug 24 th	State Library – Kenneth Park	10.00am	Wendy Fishley

Probus Club of Templestowe Valley - Events List - 2006			
Date	Event	Time	Leader
Fri 25 th Aug	Chateau Tabilk Winery & Cruise	TBA	Elaine Hayne
Mon Aug 28 th	Scrapbook Workshop	10.00am	Verity Moore
SEPTEMBER			
Fri Sep 1 st	Golf at Freeway	8.30-am	Lyn Crosbie
Wed Sep 6 th	Variety on Parade Warburton	TBA	Elaine Hayne
Mon Sep 11 th	Fellowship Meeting	9.45am	The President
Fri Sep 15 th	Golf at Freeway	8.30-am	Lyn Crosbie
Wed Sep 20 th	MCG Tour	TBA	Elaine Hayne
Sun Sep 24 th -26 th	Golf Spring Cup Cobram Barooga	TBA	Lyn Crosbie
Fri Sep 29 th - 30 th	Golf at Freeway	8.30-am	Lyn Crosbie
OCTOBER			
Mon Oct 9 th	Fellowship Meeting	9.45am	The President
Fri Oct 13 th	Golf at Freeway	8.30-am	Lyn Crosbie
Fri Oct 20 th	A Chorus Line – Darebin Arts Centre		
TBA	Tramboat Upstream Trip	7.00pm	Elaine Hayne
Mon Oct 30 th	Scrapbook Workshop	10.00am	Verity Moore
Fri Oct 27 th	Golf at Freeway	8.30-am	Lyn Crosbie
NOVEMBER			
Fri Nov 10 th	Golf at Freeway	8.30-am	Lyn Crosbie
Mon Nov 13 th	Fellowship Meeting	9.45am	The President
Fri Nov 24 th	Golf at Freeway	8.30-am	Lyn Crosbie
Mon Nov 27 th	Scrapbook Workshop	10.00am	Verity Moore
Sat Nov 18 th	Mornington races Bus & Lunch	9.00 am	Elaine Hayne
DECEMBER			
Fri Dec 8 th	Golf at Freeway	8.30-am	Lyn Crosbie
Mon Dec 11 th	Fellowship Meeting	9.45am	The President
Fri Dec 22 nd	Golf at Freeway	8.30-am	Lyn Crosbie
Mon Dec 4 th	Scrapbook Workshop	10.00am	Verity Moore

Egypt & India – on a shoe string, in palaces
John & Val Reid

Val Reid had always yearned to go to Egypt and John to India. So we compromised, and went to both in January-February 2006. In India we joined ‘Maid Marion’ and Terry Cummins (say Kumars) and with a driver and van, trotted around Rajasthan. It was all a great adventure in ideal weather of 15 to 26 degC.

We travelled Egypt on a ‘standard tour’ which every Probian has probably done, either in this life, or in a previous one. Our first days in Egypt were spent at the old Mena House Hotel in the shadow of the Pyramids of Giza. We then flew to Luxor to see the Temples of Ammon: Karnak and Luxor, the Valley of the Kings and the Temple of Queen Hatshepsut before embarking on the quaintly named ‘Royal Ruby’, a four-decker as distinct from a four-master, to cruise for four days southward, up the Nile via Edfu to Aswan. Somehow we found the odd bazaar everywhere. We then flew to Abu Simbel and the Temple of Rameses 11 and Queen Nerfertari before flying back to Cairo to finish with its museum and the ancient Coptic Church enclave.

In Egypt one moves enshrouded in an antiquity beyond any other we have experienced, as if the present was of no consequence, as if aggressive traders and drivers were merely two-bit actors on too large a stage. How people, 4000 years ago and more, could conceive, let alone build, on such an enormous scale was beyond our comprehension.

In India we four met up in New Delhi at a little hostelry frequented, it seemed, by quaint Europeans and which served reliable toasted cheese sandwiches produced under unreliable power conditions. From then on we stayed in former Palaces or up-market hotels where Terry enjoyed toilets without doors.

We flew to Jodhpur (the Blue City) and then drove to the medieval desert city of Jaisalmer (the Golden city), to Bikaner, Mandawa, Jaipur (the Pink City) and finally to Agra and the ‘Taj Mahal’. We experienced forts and palaces with extraordinary decoration, temples and tombs, ancient observatories, villages, bazaars, schools and rode elephants, all the while being surrounded by people in the brightest colours imaginable.

The buying power of the two ladies bargaining in concert at a bazaar was awesome to behold; Terry and John did from a distance. Move over AWB! The lads developed a unique photographic system whereby Terry shot and headed swiftly (as a probian can) to the safety of the van, while John stayed rear-guard and paid rupees to everybody in sight.

India was deep mystery, daunting elegance, dense colour, dazzling garishness and dire poverty. In the land of one billion people, Rajasthan seemed infested with villages and when they were not visible, there were still people, walking alone we knew not where, or sitting or working in groups. And everywhere the young played cricket!

Apart from beggars, and the maimed who scampered about us on all fours like monkeys, the poor did not seem poor, certainly not in spirit. We found the Indians an amiable and intense people.

The common denominator for the two countries was traffic chaos and rubbish. We could not identify any road rules. There was no acknowledgement of lanes let alone direction in lanes, no indicators and few lights at night. In Egypt driving was aggressively chaotic and it was difficult to spot a vehicle that was not dented. In India traffic was amiably chaotic. There were cycle rickshaws, auto rickshaws, dirty overloaded buses and enormous house-like loads pulled by camels, oxen, donkeys, home-made steam trucks and tractors. On a personal note, John's watch gave up the ghost on the second day in Egypt, on the second day in India Val's new triband mobile baked to a stop under India's unique power system and her video camera crashed never to go again. Finally John's trouser zip broke. Technologically, only, it was a wee bit of a disaster for the Reids.

We had enormous fun, learnt a lot and have developed an affection for India. We were able to interact with locals, the 'shopaholics' thirsts were admirably quenched and we remained healthy due firstly to Marion selecting exquisite local dishes which we then shared and, secondly, to John disinfecting himself nightly with a healthy dram of 60% cask strength Scotch malt and liberal doses of 'tatties' during the day. Marion and Val enjoyed their evening Kingfisher—constantly!

John & Val Reid

Where did that come from? (Denis Wheeler Tells Us)

- In the 1400's a law was set forth that a man was not allowed to beat his wife with a stick no thicker than his thumb. Hence we have "**the rule of thumb**".
- Many years ago in Scotland, a new game was invented. It was ruled "Gentlemen Only...Ladies Forbidden"...and thus the word **GOLF** appeared in the English language
- In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence the phrase..... "**goodnight, sleep tight.**"
- It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer and because their calendar was lunar based, this period was called the honey month, which we know today as: **The Honeymoon.**
- In English pubs, ale is ordered by pints and quarts... So in old England, when customers got unruly, the bartender would yell at them "Mind your pints and quarts, and settle down." It's where we get the phrase "**mind your P's and Q's**"
- Many years ago in England, pub frequenters had a whistle baked into the rim, or handle, of their ceramic cups. When they needed a refill, they used the whistle to get some service. "**Wet your whistle**" is the phrase inspired by this practice.

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 3109

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TO